

September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>11:00a: Charles Stanley Sermon (FT) 1:30p: Sunday Spelling Bee (S1) 2:30p: Non-Denominational Devotions (C) 3:00p: *Bridge (S2) 4:00p: *Adult Coloring (CV)</p>	<p>2 HAPPY LABOR DAY!</p> <p>10:00a: Labor Day Goodies in lobby 11:00a: Wii Bowling (S1) 1:30p: Prize Bingo (FT) 4:00p: Discussion: Saying Goodbye & Hello to Jobs 6:30p: Mah Jong (L) 6:30p: Patriotic Piano Music (GL)</p>	<p>3</p> <p>10:00a: Balloon Volleyball (ES) 10:30a: Pickleball (spectators welcome) 1:30p: Pedal the World (FT) 3:00p: Step Into Balance (ES) 3:00p: Mah Jong (L) 4:00p: Bravo! Presentation: (C) 7:00p: Movie (FT)</p>	<p>4 8:55a: Beginner Mat Pilates</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (FT) 1:00p: Watercolor Painting (CV) 2:00p: Trip to Wal-Mart 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: After Dinner piano music w/ Lesa (GL)</p>	<p>5</p> <p>9:00a: Trip to MAC for Water Aerobics 10:30a: Pickleball (spectators welcome!) 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert & Piano w/ Lesa (GL) 3:00p: *Mah Jong (L) 3:00p: Step Into Balance (ES) 3:30p: Board Games (S2) 6:30p: *Bridge Group (S2)</p>	<p>6</p> <p>10:00a: Chair Yoga (ES) 10:30a: Trip to Marion Library 10:30a: Walking Group (GL) 11:00a: Walking Group (Meet in GL) 1:30p: Ageless Art w/ Xene Abraham (S1) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie (FT)</p>	<p>7</p> <p>10:00a: *Adult Coloring (CV) 11:00a: Football Iowa v. Rutgers (LC) 1:00p: Pedal the World (ES/FT) 2:00p: *Hand & Foot (S2) 3:00p: Blondies & Brahms (FT) 3:00p: Mah Jong (L) 6:30p: *Chess (L) 7:00p: Movie (FT)</p>
<p>8 HAPPY GRANDPARENTS DAY!</p> <p>10:30 Catholic Prayer & Communion (C) 11:00a: Charles Stanley Sermon (FT) 1:45p: Ice cream with Grandma & Grandpa (B) 2:30p: Grandkids Movie Matinee: Despicable Me 3 (FT) 3:00p: *Bridge (S2) 4:00p: *Adult Coloring (CV)</p>	<p>9</p> <p>10:00a: Chair Yoga (ES) 11:00a: Wii Bowling (S1) 1:30p: TBD 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (FT) 6:30p: Mah Jong (L) 6:30p: Resident Portrayals (FT)</p>	<p>10 10:00a: Balloon Volleyball (ES) 10:30a: Pickleball (spectators welcome) 1:30p: Pedal the World (FT) 2:00p: Trip to the dog park 3:00p: Step Into Balance (ES) 3:00p: Mah Jong (L) 4:00p: Bravo! Presentation: (C) 7:00p: Movie (FT): "Mrs. Palfrey at the Claremont"</p>	<p>11 8:55a: Beginner Mat Pilates</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (FT) 1:00p: Community Tour: What's Where at Grand Living? 2:00p: Trip to Hy-Vee 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: After Dinner piano music w/ Lesa (GL)</p>	<p>12 9:00a: Trip to MAC for Water Aerobics 10:30a: Pickleball (spectators welcome!) 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Music w/ Mike & Bonnie of the Sensations Band (FT) 3:00p: *Mah Jong (L) 3:00p: Step Into Balance (ES) 3:30p: "Resident Ramblings" Writing Group (S1) 6:30p: *Bridge Group (S2)</p>	<p>13 10:00a: Chair Yoga (ES) 10:30a: Walking Group (meet in GL) 10:30a: Trip to Marion Library 1:30p: Grandma's Attic: Share a special personal item and the story behind it. (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie (FT)</p>	<p>14 10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (ES) 2:45p: Iowa vs Iowa State Tailgate and watch party (kickoff 3pm) (LC) 2:00p: *Hand & Foot (S2) 3:00p: Devil's Food & Debussy (C) 3:00p: Mah Jong (L) 6:30p: *Chess (L) 7:00p: Movie (FT)</p>
<p>15</p> <p>11:00a: Charles Stanley Sermon (FT) 1:30p: Sunday Spelling Bee (S1) 2:30p: Non-Denominational Devotions (C) 3:00p: *Bridge (S2) 4:00p: *Adult Coloring (CV)</p>	<p>16 10:00a: Chair Yoga (ES) 11:00a: Wii Bowling (S1) 2:00p: Food for Thought Chef Cooking Demonstration (CL) 3:00p: Active Chair Class (ES) 3:30p: Resident Meeting (FT) 4:00p: Prize Bingo (FT) 6:30p: Mah Jong (L) 6:30p: Resident Portrayals (FT)</p>	<p>17</p> <p>10:00a: Balloon Volleyball (ES) 10:30a: Pickleball (spectators welcome) 1:30p: Pedal the World (FT) 2:15p: Community Meeting (FT) 3:15p: Step Into Balance (ES) 3:15p: Mah Jong (L) 4:00p: Bravo! Presentation: (C) 7:00p: Movie (FT)</p>	<p>18 8:55a: Beginner Mat Pilates</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (FT) 1:30p: Music w/ Dave Wirtz (FT) 2:00p: Trip to Wal-Mart 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: After Dinner piano music w/ Lesa (GL)</p>	<p>19 9:00a: Trip to MAC for Water Aerobics 10:30a: Pickleball 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Grand Dames Book Club (LC) 2:30p: Bean Bag Baseball at Terrace Glen 3:00p: *Mah Jong (L) 3:00p: Step Into Balance (ES) 3:30p: Discussion: Would You Rather..... 6:30p: *Bridge Group (S2)</p>	<p>20 10:00a: Chair Yoga (ES) 10:30a: Walking Group (GL) 10:30a: Trip to Marion Library 1:30p: "Yappy Hour" for our 4-legged residents (GL) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie (FT)</p>	<p>21</p> <p>10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (ES) 10:00a—2:00p: Indian Creek Cruise-In Car Show 3:00p: Mah Jong (L) 6:30p: *Chess (L) 7:00p: Movie (FT)</p>
<p>22</p> <p>11:00a: Charles Stanley Sermon (FT) 1:30p: Sunday Spelling Bee (S1) 2:30p: Hymns & Their Origins (C) 3:00p: *Bridge (S2) 4:00p: *Adult Coloring (CV)</p>	<p>23</p> <p>10:00a: Chair Yoga (ES) 11:00a: Wii Bowling (S1) 1:30p: Pt. 2—Civil War Presentation w/ Historical reenactor Barry Grove (FT) 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (FT) 6:30p: Mah Jong (L) 6:30p: Resident Portrayals (FT)</p>	<p>24 10:00a: Balloon Volleyball (ES) 10:30a: Pickleball (spectators welcome) 1:30p: Pedal the World (FT) 2:00p: Trip to Allen's Apple Orchard (please sign up) 3:00p: Step Into Balance (ES) 3:00p: Mah Jong (L) 4:00p: Bravo! Presentation: Jazz (C) 7:00p: Movie (FT)</p>	<p>25 8:55a: Beginner Mat Pilates</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (FT) 1:30p: TBD 2:00p: Trip to Hy-Vee 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: After Dinner piano music w/ Lesa (GL)</p>	<p>26 9:00a: Trip to MAC for Water Aerobics 10:30a: Pickleball (spectators welcome!) 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert & piano w/ Lesa (GL) 3:00p: Bean Bag Baseball - Terrace Glen at Grand Living 3:00p: *Mah Jong (S2) 3:00p: Step Into Balance (L) 3:30p: "Resident Ramblings" Writing Group 6:30p: *Bridge Group (S2)</p>	<p>27</p> <p>10:00a: Chair Yoga (ES) 10:30a: Trip to Marion Library 1:30p: Working in the Woodshop (WS) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie (FT)</p>	<p>28 10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (ES) 2:00p: *Hand & Foot (S2) 3:00p: Gingerbread & Gershwin (FT) 3:00p: Mah Jong (L) 6:30p: *Chess (L) 7:00p: Movie (FT)</p> <p>TBD: Football Iowa v. Middle Tennessee State (LC)</p>
<p>29</p> <p>11:00a: Charles Stanley Sermon (FT) 1:30p: Sunday Spelling Bee (S1) 2:30p: Root Beer Floats (B) 3:00p: *Bridge (S2) 4:00p: *Adult Coloring (CV)</p>	<p>30</p> <p>10:00a: Chair Yoga (ES) 11:00a: Wii Bowling (S1) 1:30p: Grand Patriots Presentation by Linn Co. VA—all about VA Benefits 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (FT) 6:30p: Mah Jong (L) 6:30p: Resident Portrayals (FT)</p>	 <p>GRAND LIVING. YOUR LIFE. UNIQUELY EMBRACED. AT <i>Indian Creek</i></p>		<p>LEGEND:</p> <p>B - Bistro BP - Back Patio C - Chapel CL - Café Linn CV - Creekview ES - Exercise Studio</p> <p>FC - Fitness Center FP - Front Porch FT - Forum Theater GL - Grand Lounge GS - Gift Shop L - Library</p> <p>LC - Legends Club LL - Lavender Lane ML - Monarch Lane MP - Midwest Athletic Club Pool S - Salon/Spa</p> <p>WS = Wood Shop S1 - Studio 1 S2 - Studio 2 S3 - Studio 3 S4 - Studio 4</p>		