


May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LEGEND:</p> <p>B - Bistro BP - Back Patio C - Chapel CL - Café Linn CV - Creekview ES - Exercise Studio</p> <p>FC - Fitness Center FP - Front Porch FT - Forum Theater GL - Grand Lounge GS - Gift Shop L - Library</p> <p>LC - Legends Club LL - Lavender Lane ML - Monarch Lane MP - Midwest Athletic Club Pool S - Salon/Spa</p> <p>S1 - Studio 1 S2 - Studio 2 S3 - Studio 3 S4 - Studio 4</p>			<p>1</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (S2) 1:00p: Come make and fill a May Basket or two! (S1) 2:00p: Trip to Wal-Mart 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: Grand Choir Practice (FT)</p>	<p>2</p> <p>10:00a: Gardening 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Have dessert & Meet Lesa, our new Facets employee (GL) 3:00p: Mah Jong (L) 3:00p: Step Into Balance (ES) 3:30p: Legacy Learning: Tracing your Roots (S1) 7:00p: Bridge Group (LC)</p>	<p>3</p> <p>10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Tie Blankets for Charity (CV) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie (FT)</p>	<p>4</p> <p>10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (FT) 2:00p: Piano Music with Dave Poggenklass 2:30p: *Jigsaw Puzzles 6:30p: Chess (L)</p> <p>*indicates resident-run activity</p>
<p>5</p> <p>3:00p: *Bridge (LC) 4:00p: *Adult Coloring (CV)</p> <p>*indicates a resident-run activity</p>	<p>6</p> <p>10:00a: Chair Yoga (ES) 11:00a: Brain Exercises (S1) 2:00p: Presentation: Young Parents Network 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (S2) 6:30p: Outdoor fun on the Patio (BP)</p>	<p>7</p> <p>10:00a: Balloon Volleyball (ES) 11:00a: Pet Therapy Dog visit 1:30p: Pedal the World (FT) 3:00p: Step Into Balance (ES) 4:00p: Bravo! Presentation: Folk Music (FT) 6:00p: Fun Bridge (sign up in mail room)</p>	<p>8</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (S2) 1:00p: Watercolor Techniques Class (CV) 2:00p: Trip to Hy-Vee 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: Grand Choir Practice (FT)</p>	<p>9</p> <p>10:00a: Gardening 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert and Piano Music with Lesa (GL) 3:00p: Mah Jong (L) 3:00p: Step Into Balance (ES) 3:30p: Legacy Learning: Tracing your Roots (S1) 7:00p: Bridge Group (LC)</p>	<p>10</p> <p>10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 11:00a: Walking Group (meet in GL) 1:30p: Tie Blankets for Charity (CV) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie (FT)</p>	<p>11</p> <p>10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (FT) 1:45p: Creative Writing (S1) 2:30p: Learn a New Language—Music w/ rhythm instruments (FT) 6:30p: Chess (L)</p>
<p>12 Happy Mother's Day!</p> <p>1:30p: Outdoor Social & Music on the Patio With Terry McCauley in honor of Mother's Day</p> <p>3:00p: *Bridge (LC) 3:30p: Hymns and Their Origins</p>	<p>13</p> <p>10:00a: Chair Yoga (ES) 11:00a: Brain Exercises (S1) 2:00p: Men's Group: Outdoor Fun on the back patio (BP) 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (S2) 6:15p: Outdoor Fun on the Patio (BP)</p>	<p>14</p> <p>10:00a: Balloon Volleyball (ES) 11:00a: Table Topics (GL) 1:30p: Pedal the World (FT) 2:15p: Book Club (L) 3:00p: Step Into Balance (ES) 4:00p: Bravo! Presentation: 50's Music (FT) 6:00p: Fun Bridge (sign up in mail room)</p>	<p>15</p> <p>9:00a: Podiatry Specialists Here (sign up by May 10th w/ Front Desk) 10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (S2) 1:00p: Allergy & Respiratory Presentation by Kindred Home Health (FT) 2:00p: Trip to Wal-Mart 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: Grand Choir Practice (FT)</p>	<p>16</p> <p>10:30a: Moving w/ Parkinson's (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert and Piano Music with Lesa (GL) 3:00p: Mah Jong (L) 3:00p: Step Into Balance (ES) 6:30p: Presentation: Adapted Yoga with Jamie Bushman (FT) 7:00p: Bridge Group (LC)</p>	<p>17</p> <p>10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Tie Blankets for Charity (CV) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie (FT)</p>	<p>18</p> <p>10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (FT) 2:30p: *Jigsaw Puzzles 6:30p: Chess (L)</p>
<p>19</p> <p>11:00a—3:00p Open House and Art Show w/ Live Music from the George Jazz Group</p>	<p>20</p> <p>10:00a: Chair Yoga (ES) 11:00a: Brain Exercises (S1) 2:00p: Food for Thought Chef Cooking Demonstration (CL) 3:00p: Active Chair Class (ES) 4:00p: Prize Bingo (S2) 6:30p: Outdoor fun on the Patio (BP)</p>	<p>21</p> <p>10:00a: Balloon Volleyball (ES) 11:00a: Pet Therapy Dog visit 1:30p: Pedal the World (FT) 2:15p: Community Meeting (FT) 3:00p: Step Into Balance (ES) 4:00p: Bravo! Presentation: Patriotic Music (FT) 6:00p: Fun Bridge (sign up in mail room)</p>	<p>22</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (S2) 1:00p: Community Tour: What's Where at Grand Living? (GL) 2:00p: Trip to Hy-Vee 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: Grand Choir Practice (FT)</p>	<p>23</p> <p>10:00a: Paint Wooden Snakes for Children in the Hospital (CV) 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert and Piano Music with Lesa (GL) 3:00p: Step Into Balance (ES) 3:00p: Mah Jong (L) 3:30p: Legacy Learning: Tracing your Roots (S1) 7:00p: Bridge Group (LC)</p>	<p>24</p> <p>10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 11:00a: Walking Group (meet in GL) 1:30p: Tie Blankets for Charity (CV) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie (FT)</p>	<p>25</p> <p>10:00a: *Adult Coloring (CV) 1:00p: Pedal the World (FT) 1:45p: Creative Writing (S1) 2:30p: Learn a New Language—Music w/ rhythm instruments (FT) 6:30p: Chess (L)</p> <p>*indicates resident-run</p>
<p>26</p> <p>1:30p: One Act Play Practice (FT) 3:00p: *Bridge (LC) 3:30p: Hymns and Their Origins</p> <p>*indicates a resident-run activity</p>	<p>27</p> <p>10:30a: Trip to Cedar Memorial for Memorial Day Ceremony 11:30a—1:30p: Memorial Day Cookout on the Patio</p> 	<p>28</p> <p>10:00a: Balloon Volleyball (ES) 11:00a: Table Topics (GL) 1:30p: Pedal the World (FT) 3:00p: Step Into Balance (ES) 4:00p: Bravo! Presentation 6:00p: Fun Bridge (sign up in mail room)</p>	<p>29</p> <p>10:00a: Chair Yoga (ES) 11:00a: Prize Bingo (S2) 1:00p: Watercolor Techniques Class (CV) 2:00p: Trip to Wal-Mart 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:15p: Grand Choir Practice (FT)</p>	<p>30</p> <p>10:00a: Gardening 11:00a: Tai Chi (ES) 1:30p: Pedal the World (FT) 2:00p: Dessert and Piano Music with Lesa (GL) (Dessert sponsored by KHH) 3:00p: Mah Jong (L) 3:00p: Step Into Balance (ES) 4:30p Alzheimer's Support Social (LC) 5:00p: Education Series: Living w/ Dementia for Caregivers (LC) 7:00p: Bridge Group (LC)</p>	<p>31</p> <p>10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Tie Blankets for Charity (CV) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie (FT)</p>	