



May 2019

LEGEND:
 B – Bistro Trattoria FD - Trevi
 BP – Backyard Patio FP – Front Porch
 C – Chapel FT – Forum Theater
 CB – Café Bella GL – Grand Lounge
 FC – Fitness Center GS – Gift Shop
 L - Library LC – Legends Club
 LL – Lavender Lane
 ML – Monarch Lane
 PD – Privato
 PG – Putting Green
 S – Salon/Spa
 S2 – Studio Two
 S4 – Studio Four
 P – Pool
 W1 – Wellness 1
 W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Phase 10 Classes Tuesdays at 6:30 p.m. in Studio 2 with Judy Guided Meditation Monday and Friday 2:00 p.m. Forum Theater	Barbershop Chorus Practice Every Tuesday @5:45 p.m. Forum Theater Blood Pressure Checks Friday, May 10th & 24th	Catholic Communion Every Tuesday 9:15 a.m. in the Chapel 9:30 Each Morning Coffee with Friends in the Bistro	10:00 Morning Movie (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bridge (S4) 2:00 Betsy Schwartz, Reiki (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour Duke Zecco (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Poker (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Frank Curtis (LC) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 1:45 NCCB Spring Concert (B) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
5	6	7	8	9	10	11
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 4:00 Florida Orchestra (B) 7:00 Movie Night (FT)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Resident Chat w/Staff (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Parkinson's Education (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Downing St. Band (FT) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Poker (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Terri & Andrew (FT) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Circuit Shopping Trip 2:30 Movie Matinee (FT) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
12 Mother's Day	13	14	15	16	17	18
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 2:00 T-Mobile Smart Phone Class (S4) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Tech Talk w/Mel Bynum (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Monthly Birthday Party (B) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Poker (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Buster & Debbie (LC) 5:30 Friday Night Thunder (B) 7:00 Mexican Train (S4)	9:30 King's Bay Fest (B) 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Jeff Eekhoff & Students Concert (FT) 2:00 Circuit Shopping Trip 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Concert w/Gil Allen (FT)
19	20	21	22	23	24	25
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bayfront Health "Doc Talk" (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (C) 10:00 Dementia Education (FT) 10:30 Coffee w/Comrades (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Food for Thought (CB) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 Cliff Ritchie in Concert (FT)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Poker (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Fran Donahoe (LC) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Water Walking (P) 11:00 Belk Shopping and Lunch Trip (B) 1:30 Pedal The World (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
26	27 Memorial Day	28	29	30	31	
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:00 Memorial Day Music (FT) 1:30 Chair Yoga (C) 2:00 Guided Meditation (C) 2:00 Memorial Day Program (FT) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Downing St. Band (FT) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Poker (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Wayne Bodley (LC) 7:00 Mexican Train (S4)	Downing Street Band Rehearsal Thursday, May 9th & 30th 6:30 p.m. Forum Theater Calendar Events Subject To Change

