



March 2019

LEGEND:
 B – Bistro Trattoria FD - Trevi
 BP – Backyard Patio FP – Front Porch
 C – Chapel FT – Forum Theater
 CB – Café Bella GL – Grand Lounge
 FC – Fitness Center GS – Gift Shop
 L - Library
 LC – Legends Club
 LL – Lavender Lane
 ML – Monarch Lane
 PD – Privato
 PG – Putting Green
 S – Salon/Spa
 S2 – Studio Two
 S4 – Studio Four
 P – Pool
 W1 – Wellness 1
 W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	Saturday Dominoes and Sunday Rummikub are Resident Run Activities Blood Pressure Checks Friday, March 8th & 22nd	Catholic Communion Every Tuesday 9:15 a.m. in the Chapel 9:30 Each Morning Coffee with Friends in the Bistro	Barbershop Chorus Practice Every Tuesday @6:00 p.m. Forum Theater Guided Meditation Monday and Friday 2:00 p.m. Forum Theater	Downing Street Band Rehearsal Thursday, March 14th & 21st 6:30 p.m. Forum Theater Calendar Events Subject To Change	1 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Ted Flanagan (LC) 7:00 Mexican Train (S4)	2 10:00 Dominoes (S4) 10:30 Circuit Shopping Trip 10:30 Water Walking (P) 12:30 "She Loves Me" (B) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
3 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 1:00 Nature Coast Community Band Winter Concert (B) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	4 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	5 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Smart Phone Class (S4) 2:00 Shopping Walmart 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	6 10:00 Morning Movie (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	7 10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	8 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Steve Robinson (FT) 7:00 Mexican Train (S4)	9 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Circuit Shopping Trip 2:30 Movie Matinee (FT) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
10 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	11 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	12 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4) 6:30 Phase 10 Classes (L)	13 10:00 Resident Chat w/Staff (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Parkinson's Education and Support Talk (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	14 10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	15 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Duke Zecco (LC) 7:00 Mexican Train (S4)	16 10:00 Dominoes (S4) 10:30 Water Walking (P) 10:30 Circuit Shopping Trip 1:30 Pedal The World (FT) 1:30 Shrimpa Palooza Trip (B) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
17 St. Patrick's Day 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 St. Patrick's Day Party (FT) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	18 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	19 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 2:00 Grand Patriots (FT) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4) 6:30 Phase 10 Classes (L)	20 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Tech Talk w/Mel Bynum (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Steve and Jimmie (LC) 7:00 Bingo (LC)	21 10:00 Tai Chi (C) 11:00 Crafters Corner (S4) 11:00 Hobby Lobby & Lunch (B) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Monthly Birthday Party (B) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	22 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Don Pinto (LC) 7:00 Mexican Train (S4)	23 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Circuit Shopping Trip 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
24 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)	25 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	26 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4) 6:30 Phase 10 Classes (L)	27 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bayfront "Doc Talk" (FT) 2:00 Bridge (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	28 10:00 Dementia Education (FT) 10:00 Tai Chi (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Food For Thought (CB) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	29 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Wayne Bodley (LC) 7:00 Mexican Train (S4)	30 10:00 Dominoes (S4) 10:30 Water Walking (P) 10:30 Circuit Shopping Trip 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)

