

Sun	Mon	Tue	Wed	Thu	Fri	Sat																														
 <h1 style="margin: 0;">March 2019</h1>						1	2																													
<p>11:00p: Balloon Volleyball (ES) 3:30p: *Bridge (S1) 4:00p: *Adult Coloring (CV)</p> <p>*resident run activity</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 11:00a: Brain Teasers (S1) 2:00p: Learn to write a Limerick (S1) 3:00p: Active Chair Class (ES) 4:00p: Art Techniques (CV) 6:30p: Trivia (FT)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Balloon Volleyball (ES) 11:00a: Current Events (L) 1:30p: Pedal the World (ES) 3:00p: Step Into Balance (ES) 4:00p: Spelling Bee (S1)</p>	<p>9:00 Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 2:00p: Bravo! Music Program (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC)</p>	<p>9:30a: Trip to Hy-Vee 11:00a: Tai Chi (ES) 1:30p: Pedal the World (ES) 2:15p: Coffee Meet & Greet (B) 3:00p: Step Into Balance (ES) 4:00p: Spiritual Devotions (C) 6:30p: Penny Bingo (CV)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Craft Creations (S2) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>10:00a: *Adult Coloring (S2) 1:00p: Pedal the World (ES) 2:30p: *Jigsaw Puzzles (S3) 4:00p: Trivia (L) 6:30p: *Board Games (L)</p> <p>*resident run activity</p>																														
<p>11:00p: Balloon Volleyball (ES) 3:30p: *Bridge (S1) 4:00p: *Adult Coloring (CV)</p> <p>*resident run activity</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 11:00a: Brain Teasers (S1) 2:00p: Ol' Favorites Singalong (FT) 3:00p: Active Chair Class (ES) 4:00p: Art Techniques (CV) 6:30p: Trivia (FT)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Balloon Volleyball (ES) 11:00a: Current Events (L) 1:30p: Pedal the World (ES) 3:00p: Step Into Balance (ES) 4:00p: Penny Bingo (CV) 5:30p: Shuttle to Magic Show at Bridgewater</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 2:00p: Bravo! Music Program (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC)</p>	<p>9:30a: Trip to Hy-Vee 11:00a: Tai Chi (ES) 1:30p: Pedal the World (ES) 2:15p: Coffee, "Pi" and Piano w/ Dave Poggenklass (GL) 3:00p: Step Into Balance (ES) 4:00p: Spiritual Devotions (C) 6:30p: Penny Bingo (CV)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Craft Creations (S2) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>10:00a: *Adult Coloring (S2) 1:00p: Pedal the World (ES) 2:30p: *Jigsaw Puzzles (S3) 4:00p: Trivia (L) 6:30p: *Board Games (L)</p> <p>*resident run activity</p>																														
<p>12:00p: Shuttle leaves for participation in SPD Parade 3:30p: *Bridge (S1) 4:00p: *Adult Coloring (CV)</p> <p>*resident run activity</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 11:00a: Brain Teasers (S1) 2:00p: Food for Thought Chef Cooking Demonstration (CL) 3:00p: Active Chair Class (ES) 4:00p: Art Techniques (CV) 6:30p: Trivia (FT)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Balloon Volleyball (ES) 11:00a: Current Events (L) 1:30p: Pedal the World (ES) 2:15p: Community Meeting (FT) 3:00p: Step Into Balance (ES) 4:00p: Spelling Bee (S1)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 1:00p: Men's Billiards (S4) 2:00p: Bravo! Music Program (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC)</p>	<p>9:30a: Trip to Hy-Vee 11:00a: Tai Chi (ES) 1:30p: Pedal the World (ES) 2:15p: Men's Coffee B) 3:00p: Step Into Balance (ES) 4:00p: Spiritual Devotions (C) 6:30p: Penny Bingo (CV)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Craft Creations (S2) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>10:00a: *Adult Coloring (S2) 1:00p: Pedal the World (ES) 2:30p: *Jigsaw Puzzles (S3) 4:00p: Trivia (L) 6:30p: *Board Games (L)</p> <p>*resident run activity</p>																														
<p>11:00p: Balloon Volleyball (ES) 3:30p: *Bridge (S1) 4:00p: *Adult Coloring (CV)</p> <p>*resident run activity</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 11:00a: Brain Teasers (S1) 2:00p: Ol' Favorites Singalong (FT) 3:00p: Active Chair Class (ES) 4:00p: Art Techniques (CV) 6:30p: Trivia (FT)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Balloon Volleyball (ES) 11:00a: Current Events (L) 1:30p: Pedal the World (ES) 3:00p: Step Into Balance (ES) 4:00p: Penny Bingo (CV)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 1:00p: Men's Billiards (S4) 2:00p: Bravo! Music Program (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC)</p>	<p>10:30 Flag Raising Ceremony (FP) 12:00 Ribbon Cutting Ceremony (FP, GL) 2:15p: Women's Coffee (B) 3:00p: Step Into Balance (ES) 4:00p: Spiritual Devotions (C) 6:30p: Penny Bingo (CV)</p>	<p>9:00a: Morning Coffee Group (B) 10:00a: Chair Yoga (ES) 10:45a: Wheel-Of-Fortune Toss-Up Challenge (C) 1:30p: Craft Creations (S2) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>10:00a: *Adult Coloring (S2) 1:00p: Pedal the World (ES) 2:30p: *Jigsaw Puzzles (S3) 4:00p: Trivia (L) 6:30p: *Board Games (L)</p> <p>*resident run activity</p>																														
<p>11:30 Shuttle leaves for Art Show at Bridgewater 1:00p: *Book Club (L) 3:00p: Balloon Volleyball (ES) 3:30p *Bridge (S1) 4:00p: *Adult Coloring (CV)</p> <p>*resident run activity</p>		<p>LEGEND:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">B - Bistro</td> <td style="width: 33%;">FC - Fitness Center</td> <td style="width: 33%;">LC - Legends Club</td> </tr> <tr> <td>BP - Back Patio</td> <td>FP - Front Porch</td> <td>LL - Lavender Lane</td> </tr> <tr> <td>C - Chapel</td> <td>FT - Forum Theater</td> <td>ML - Monarch Lane</td> </tr> <tr> <td>CL - Café Linn</td> <td>GL - Grand Lounge</td> <td>S - Salon/Spa</td> </tr> <tr> <td>ES - Exercise Studio</td> <td>GS - Gift Shop</td> <td>CV - Creekview</td> </tr> <tr> <td></td> <td>L - Library</td> <td>S1 - Studio 1</td> </tr> <tr> <td></td> <td></td> <td>S2 - Studio 2</td> </tr> <tr> <td></td> <td></td> <td>S3 - Studio 3</td> </tr> <tr> <td></td> <td></td> <td>S4 - Studio 4</td> </tr> <tr> <td></td> <td></td> <td>MP - Midwest Athletic Club Pool</td> </tr> </table>					B - Bistro	FC - Fitness Center	LC - Legends Club	BP - Back Patio	FP - Front Porch	LL - Lavender Lane	C - Chapel	FT - Forum Theater	ML - Monarch Lane	CL - Café Linn	GL - Grand Lounge	S - Salon/Spa	ES - Exercise Studio	GS - Gift Shop	CV - Creekview		L - Library	S1 - Studio 1			S2 - Studio 2			S3 - Studio 3			S4 - Studio 4			MP - Midwest Athletic Club Pool
B - Bistro	FC - Fitness Center	LC - Legends Club																																		
BP - Back Patio	FP - Front Porch	LL - Lavender Lane																																		
C - Chapel	FT - Forum Theater	ML - Monarch Lane																																		
CL - Café Linn	GL - Grand Lounge	S - Salon/Spa																																		
ES - Exercise Studio	GS - Gift Shop	CV - Creekview																																		
	L - Library	S1 - Studio 1																																		
		S2 - Studio 2																																		
		S3 - Studio 3																																		
		S4 - Studio 4																																		
		MP - Midwest Athletic Club Pool																																		