

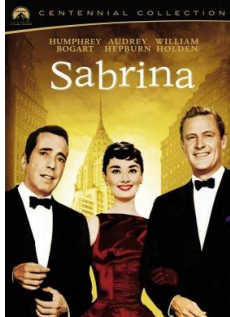

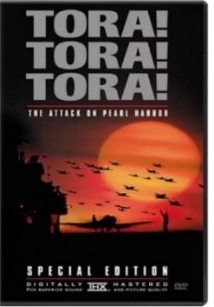

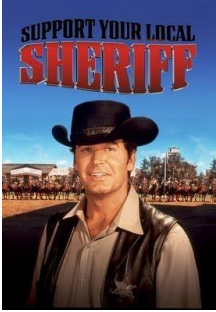



January

LEGEND:
 B – Bistro
 BP – Backyard Patio
 C – Chapel
 CL – Café Lorraine
 FC – Fitness Center
 FP – Front Porch
 FT – Forum Theater
 GL – Grand Lounge
 GS – Gift Shop
 L – Library
 LC – Legends Club
 LD – Lakeview Dining
 LL – Lavender Lane
 ML – Monarch Lane
 S – Salon/Spa
 S1 – Studio One
 S2 – Studio Two
 S3 – Studio Three
 P – Pool
 W1 – Wellness 1
 W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The Sioux Emperians Barbershop Chorus rehearses each Tuesday at 7:00 p.m. Please bring your Hy-Vee online order to the Facets office by Monday for Tuesday Delivery or Wednesday morning for Thursday Delivery.</p>		<p>1 HAPPY NEW YEAR! 7:00 Morning Workouts (FC) 9:00-10:00 HyVee Shopping 9:30 Tai Chi (FT) 10:30 Blood Pressure Clinic (L) 10:30 Bible Study (S1) 10:30 Water Aerobics (P) 1:00 Continued Therapy (FC) 1:30 Whist (S1) 1:30 Pedal the World (FT) 3:00 Step to Balance (FT) 3:00 Ping Pong (S3)</p>	<p>2 8:30 First National Bank open 8:45 Water Aerobics (P) 9:30 Buddy Swim(P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Parkinson's Class (FT) 1:00 Bridge (S2) 2:00 January Birthday Bash (FT) 3:00 Active Chair Class (FT) 4:00-5:00 Social Hour (LC) 5:00 Wii Bowling (S3)</p>	<p>3 7:00 Morning Workout (FC) 9:30 Tai Chi (FT) 10:30 Water Aerobics (P) 1:30 Pedal the World (FT) 1:00-2:00 & 2:30-3:30 Shopping HyVee 1:30 Whist (S2) 3:00 Active Chair Class (S2) 5:30 Thursday Night Dinner Music 6:00 NFL Football (LC)</p>	<p>4 9:00 Step to Balance (FT) 10:00 Hockey (FT) 11:00 Bingo (FT) 1:00-4:00 First National Bank open 1:00 Card Making with Donette (LL) 1:30 Pinochle (S2) 2:00 Movie (FT): The Lord of the Rings: The Fellowship of the Ring 3:00 Piano with Andrea (GL)</p>	<p>5 10:30 Tai Chi (FT) 12:00 College Football (LC) 2:00 Joan Benz Music (FT) 3:00 Matinee Movie (FT):The Lord of the Rings: The Two Towers</p> 
<p>6 9:30 Catholic Communion (FT) 11:30 Church Service (FT) 1:00 Bingo (FT) 2:00 Rasmussen Family Singers (FT) 1:00-2:30 Gift Shop (FT) 3:00 Matinee Movie (FT): The Lord of the Rings: The Return of the King</p> 	<p>7 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00-4:00 First National Bank open 1:00 Bridge (S2) 3:00 Active Chair Class (FT) 4:00 BRAVO (C) 6:30 NFL Football (LC)</p>	<p>8 7:00 Morning Workout (FC) 9:00-10:00 HyVee Shopping 9:30 Tai Chi (FT) 10:30 Bible Study (S1) 10:30 Blood Pressure Clinic (L) 10:30 Water Aerobics (P) 1:30 Whist (S2) 3:00 Step to Balance (S2) 5:00 Ping Pong (S3)</p>	<p>9 8:30 First National Bank open 8:45 Water Aerobics (P) 9:30 Buddy Swim(P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Parkinson's Class (FT) 1:00 Bridge (S2) 2:00 January Birthday Bash (FT) 3:00 Active Chair Class (FT) 4:00-5:00 Social Hour (LC) 5:00 Wii Bowling (S3)</p>	<p>10 7:00 Morning Workout (FC) 9:30 Tai Chi (FT) 10:30 Water Aerobics (P) 1:30 Pedal the World (FT) 1:00-2:00 & 2:30-3:30 Shopping HyVee 1:30 Whist (S2) 3:00 Active Chair Class (FT) 5:30 Thursday Night Dinner Music 6:00 NFL Football (LC)</p>	<p>11 9:00 Step to Balance (FT) 10:00 Hockey (FT) 11:00 Bingo (FT) 1:00-4:00 First National Bank open 1:00 Card Making with Donette (LL) 1:30 Pinochle (S2) 2:00 New Horizon's Band (FT) 3:00 Piano with Andrea (GL)</p>	<p>12 10:30 Tai Chi (FT) 12:00 College Football (LC) 2:00 Ice Cream Social (B) 3:00 Matinee Movie (FT): Sabrina</p> 
<p>13 9:30 Catholic Communion (FT) 11:30 Church Service (FT) 1:00 Bingo (FT) 1:00-2:30 Gift Shop (FT) 3:00 Matinee Movie (FT): A Bridge Too Far</p> 	<p>14 8:45 Water Aerobics (P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Bridge (S2) 1:00-4:00 First National Bank open 3:00 Piano with Andrea (GL) 3:00 Active Chair Class (FT) 4:00 BRAVO (FT)</p>	<p>15 7:00 Morning Workouts (FC) 9:00-10:00 HyVee 9:30 Tai Chi (FT) 10:30 Blood Pressure Clinic (L) 10:30 Bible Study (S1) 10:30 Water Aerobics (P) 1:00 Continued Therapy (FC) 1:30 Whist (S1) 1:30 Pedal the World (FT) 3:00 Step to Balance (FT) 3:00 Ping Pong (S3) 4:00 Movie (FT): The Pagemaster</p>	<p>16 8:30 First National Bank open 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Parkinson's Class (FT) 1:00 Bridge (S2) 2:00 Crafts (S1) 3:00 Active Chair Class (FT) 4:00-5:00 Social Hour (LC)</p>	<p>17 7:00 Morning Workout (FC) 9:30 Tai Chi (FT) 10:30 Water Aerobics (P) 1:00-2:00 & 2:30-3:30 Shopping HyVee 1:30 Pedal the World (FT) 1:30 Whist (S2) 3:00 Active Chair Class (FT) 5:30 Thursday Night Dinner Music 6:30 NFL Football (LC)</p>	<p>18 9:00 Step to Balance (FT) 10:00 Hockey (FT) 11:00 Bingo (FT) 1:00-4:00 First National Bank open 1:00 Card Making with Donette (LL) 1:30 Pinochle (S2) 2:00 Grand Patriots (FT)</p>	<p>19 11:00 Pedal the World (FT) 12:00 College Football (LC) 3:00 Matinee Movie (FT): Tora! Tora! Tora! The Attack on Pearl Harbor</p> 

January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 9:30 Catholic Communion (FT) 11:30 Church Service (FT) 1:00 Bingo (FT) 1:00-2:30 Gift Shop (FT) 3:00 Matinee Movie (FT): Chitty Chitty Bang Bang 	21 8:45 Water Aerobics (P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Bridge (S2) 1:00-4:00 First National Bank open 3:00 Piano with Andrea (GL) 3:00 Active Chair Class (FT) 4:00 BRAVO (FT)	22 7:00 Morning Workouts (FC) 9:00-10:00 HyVee 9:30 Tai Chi (FT) 10:30 Blood Pressure Clinic (L) 10:30 Bible Study (S1) 10:30 Water Aerobics (P) 1:00 Continued Therapy (FC) 1:30 Whist (S1) 1:30 Pedal the World (FT) 3:00 Step to Balance (FT) 3:00 Ping Pong (S3)	23 8:30 First National Bank open 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 11:00 Yoga (FT) 1:00 Parkinson's Class (FC) 3:00 Piano with Andrea (GL) 3:00 Active Chair Class (FT) 4:00-5:00 Social Hour (LC) 7:00 Singer/ Songwriter Craig Winquist (FT)	24 7:00 Morning Workouts (FC) 10:00 Book Club (L) 10:30 Water Aerobics (P) 1:00 -2:00 & 2:30-3:30 Shopping HyVee 1:30 Whist (S2) 1:30 Pedal the World (FT) 2:00 Cooking Class with Chef John (CL) 3:00 Active Chair Class (FT) 5:30 Thursday Night Dinner Music 7:00 NFL Football (LC)	25 9:00 Step to Balance (FT) 10:00 Hockey (FT) 11:00 Bingo (FT) 1:00-4:00 First National Bank open 1:30 Pinochle (S2) 2:00 Mahjong (L) 2:00 Movie (FT): Planet of the Apes 3:00 Piano with Andrea (GL) 7:00 Dakota Suede Band (FT)	26 11:00 Pedal the World (FT) 12:00 College Football (LC) 2:00 Ice Cream Social (FP) 3:00 Matinee Movie (FT): Support Your Local Sheriff 
27 9:30 Catholic Communion (FT) 11:30 Church Service (FT) 1:00 Bingo (FT) 1:00-2:30 Gift Shop (FT) 3:00 Matinee Movie (FT): Freaky Friday 	28 8:45 Water Aerobics (P) 10:30 Devotions (C) 11:00 Yoga (FT) 1:00 Bridge (S2) 1:00-4:00 First National Bank open 3:00 Piano with Andrea (GL) 3:00 Active Chair Class (FT) 4:00 BRAVO (FT) 7:00 Risky Business Band (FT)	29 7:00 Morning Workouts (FC) 9:00-10:00 HyVee 9:30 Tai Chi (FT) 10:30 Blood Pressure Clinic (L) 10:30 Bible Study (S1) 10:30 Water Aerobics (P) 1:00 Continued Therapy (FC) 1:30 Whist (S1) 1:30 Pedal the World (FT) 2:00 Peace Lutheran Service Communion (FT) 3:00 Step to Balance (FT) 3:00 Ping Pong (S3)	30 8:30 First National Bank open 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 1:00 Parkinson's Class (FT) 1:00 Crafts (S1) 3:00 Active Chair Class (FT) 3:00 Piano with Andrea (GL) 4:00-5:00 Social Hour (LC)	31 7:00 Morning Workouts (FC) 9:30 Tai Chi (FT) 10:00 Book Club (L) 1:00 -2:00 & 2:30-3-30 Shopping HyVee 1:30 Pedal the World (FT) 1:30 Whist (S2) 3:00 Active Chair Class (FT) 5:30 Thursday Night Dinner Music 7:00 NFL Football (LC)		

A Brief Description of Events:

BRAVO! Is a program that is designed to embrace an all-inclusive range of musical experiences. Sometimes this programming includes educational presentations, visual presentations of art and many other forms of music and the performing arts.