



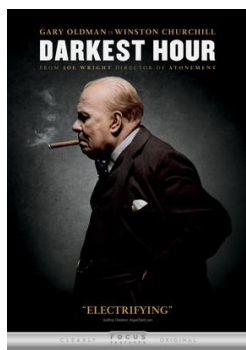
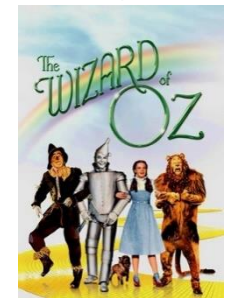


# August

**LEGEND:**  
B – Bistro  
BP – Backyard Patio  
C – Chapel  
CL – Café Lorraine  
FC – Fitness Center

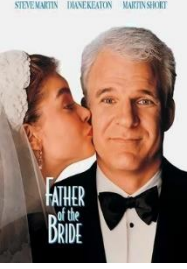
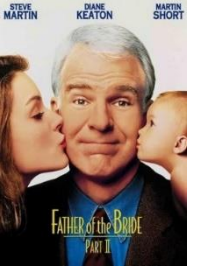
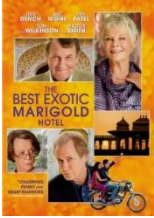
FP – Front Porch  
FT – Forum Theater  
GL – Grand Lounge  
GS – Gift Shop  
L – Library  
LC – Legends Club

LD – Lakeview Dining  
LL – Lavender Lane  
ML – Monarch Lane  
S – Salon/Spa  
S1 – Studio One  
S2 – Studio Two

S3 – Studio Three  
P – Pool  
W1 – Wellness 1  
W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>The Sioux Emperians Barbershop Chorus</b> rehearses each Tuesday at 7:00 p.m.</p> <p>Please bring your Hy-Vee online order to the Facets office by Wednesday morning.</p>			<p><b>1</b></p> <p>7:30 Water Walking (P) 8:45 Water Zumba with our own Sami! (P) 10:00 Crafts (BP) 10:30 Devotions (C) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Piano with Spencer (GL) 4:00 Mainstream Boutique Outing 5:30 Book Club: "Immortal Life Henrietta Lacks" (book sign out) (L)</p>	<p><b>2</b></p> <p>7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 10:00 Coffee Gathering on the Beach 11:00 Active Chair Class (FT) 1:00 Continued Therapy (FC) 1:00 – 2:30 Shopping HyVee 1:30 Cards/Whist (S2) 4:00 Walk by the Lake (FP) 5:30 Thursday Night Dinner Music by Art Slumskie (LD) 7:00 NFL Hall of Fame Game</p>	<p><b>3</b></p> <p>7:30 Water Walking (P) 8:45 Fishing Lake Lorraine 9:30 Crafts (S3) 11:00 Bingo (S1) 1:30 Pinochle (S2) 2:00 Birthday Bash / Small Cakes Decorating and music with Ron Schaal (FT)</p> 	<p><b>4</b></p> <p>11:00 Pedal the World (FT) 1:30 Music by Ruth Epp (GL) 2:00 Ice Cream Social (FP) 3:00 Matinee Movie: "The Post" (FT) – PG-13 5:00 Outdoor Games (BP)</p> 
<p><b>5</b></p> <p>11:30 Church Service 1:00 Bingo 3:00 Matinee Movie: "Darkest Hour" (FT) – PG-13</p> 	<p><b>6</b></p> <p>7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:30 Chair Tai Chi (FT) 10:00 Garden Club 10:30 Devotions (C) 11:00 Active Chair Class (FT) 1:00 Bridge (S2) 2:00 Apple Tree Children's Music (FT) 3:00 Piano with Spencer (GL) 4:00 BRAVO (FT)</p>	<p><b>7</b></p> <p>7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:00-10:00 HyVee shopping 9:30 Buddy Swim (P) 10:30 Bible Study (S1) 11:00 Active Chair Class (FT) 1:30 Cards/Whist (S2) 2:30 Coffee and Conversation with Senator Rounds (FT) 4:00 Walk by the Lake (FP) 7:00 Barbershop Chorus rehearsal (FT)</p>	<p><b>8</b></p> <p>7:30 Water Walking (P) 8:45 Water Aerobics (P) 10:00 Rock Rapids Mural Tour 10:30 Devotions (C) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Dog Walk on Path 4:00 Social Hour/ Bean Bags (BP) 7:00 Musical Concert by David &amp; Maggie Houck (Ministers at First Lutheran Church) (FT)</p>	<p><b>9</b></p> <p>7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:30 Yoga with Tonya (FT) 8:45 Water Aerobics (P) 9:30 Buddy Swim (P) 11:00 Active Chair Class (FT) 1:00 Continued Therapy (FC) 1:00-2:30 Shopping HyVee 1:30 Cards/Whist (S2) 2:00 Open Swim (P) 4:00 Walk by the Lake (FP) 5:30 Thursday Night Dinner Music by Bill Witthoef (LD) 6:00 NFL Pre-Season Game (LC)</p>	<p><b>10</b></p> <p>7:30 Water Walking (P) 8:45 Fishing the Family Pond 9:30 Card Making with Donette (S1) 11:00 Bingo (S1) 1:30 Pinochle (S2) 2:30 Music with Spencer &amp; Andrea (GL) 4:00 Men's Ensemble from First Baptist Church Dalton, Georgia (FT)</p>	<p><b>11</b></p> <p>11:00 Pedal the World (FT) 1:30 Music by Ruth Epp (GL) 2:00 Ice Cream Social (FP) 3:00 Matinee Movie: "The Wizard of Oz" (FT) – PG 5:00 Bean Bags (BP)</p> 
<p><b>12</b></p> <p>11:30 Church Service (FT) 1:00 Lake Lorraine Path Walk 2:00 Tempo Band (FT) 3:00 Matinee Movie: "Sister Act" (FT) – PG</p> 	<p><b>13</b></p> <p>7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:30 Chair Tai Chi (FT) 10:00 Garden Club 10:00 Bean Bag toss (BP) 10:30 Devotions (C) 11:00 Active Chair Class (FT) 1:00 Bridge (S2) 3:00 Piano with Spencer (GL) 4:00 BRAVO (FT) 5:00 Bean Bags (BP)</p>	<p><b>14</b></p> <p>7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:00 – 10:00 HyVee 9:30 Buddy Swim (P) 10:00 Blood Pressure Clinic (S1) 11:00 Active Chair Class (FT) 1:00 Continued Therapy (FC) 1:30 Cards/Whist (S2) 2:00 Open Swim (P) 4:00 Walk by the Lake (FP) 7:00 Sioux Emperians Barbershop Chorus Concert</p>	<p><b>15</b></p> <p>7:30 Water Walking (P) 8:45 Water Aerobics (P) 10:30 Devotions (C) 10:30 Sanford Health Andrea Polki nghorn Immunizations for Seniors (FT) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Piano with Spencer (GL) 4:00 Celebrate Spencer &amp; Social Hour (BP)</p>	<p><b>16</b></p> <p>7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:30 Yoga with Tonya (FT) 8:45 Water Aerobics (P) 11:00 Active Chair Class (FT) 1:00 Continued Therapy (FC) 1:00-2:30 Shopping HyVee 1:30 Cards/Whist (S2) 2:00 Open Swim (P) 4:00 Walk by the Lake (FP) 5:30 Thursday Night Dinner Music by Art Slumskie (LD)</p>	<p><b>17</b></p> <p>7:30 Water Walking (P) 8:45 Family Pond Fishing 11:00 Bingo (S1) 1:30 Pinochle (S2) 2:00 Grand Patriots: Erin Bultje-Veterans Benefits (FT) 3:00 Music with Andrea (GL) 4:00 Social Hour (LC)</p>	<p><b>18</b></p> <p>11:00 Pedal the World (FT) 1:30 Piano by Ruth Epp (GL) 2:00 Ice Cream Social (FP) 3:00 Matinee Movie: "War Horse" – PG-13 (FT) 5:00 Bean Bags (BP)</p> 

# August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>19</b> 11:30 Church Service (FT) 1:00 Bingo (S1) 3:00 Matinee Movie: "Father of the Bride Part 1" (FT) 	<b>20</b> 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:30 Chair Tai Chi (FT) 10:00 Garden Club (BP) 10:00 Coffee Gathering (BP) 11:00 Active Chair Class (FT) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Music with Andrea (GL) 4:00 BRAVO (FT)	<b>21</b> 7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:00-10:00 Shopping HyVee 10:00 Blood Pressure Clinic (S1) 11:00 Active Chair Class (FT) 1:00 Gospel Hour (C) 1:30 Cards/Whist (S2) 2:00 Communion with Peace Lutheran (C) 2:00 Open Swim (P) 3:00 Music with Andrea (GL) 4:00 Wood Crafts with Bob (WS)	<b>22</b> 7:30 Water Walking (P) 8:45 Water Aerobics (P) 10:30 Community Meeting (FT) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Music with Andrea (GL) 4:00 Dr. Joan Benz speaks on Emotionally Focused Therapy	<b>23</b> 7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 11:00 Active Chair Class (FT) 1:00-2:30 Shopping HyVee 1:30 Cards/Whist (S2) 4:00 Walk the Lake 6:00 Thursday Night Music by Aaron Schumacher (LD)	<b>24</b> 7:30 Water Walking (P) 8:45 Fishing at Lake Lorraine 9:30 Card Making with Donette (S1) 10:30 Devotions (C) 11:00 Bingo (S1) 1:30 Pinochle (S2) 3:00 Music with Andrea (GL) 4:00 Sing-A-Long Social Hour (LC)	<b>25</b> Parkinson's Walk (Please sign up in mailroom) 1:30 Piano by Ruth Epp (GL) 2:00 Ice Cream Social (FP) 3:00 Matinee Movie: "Father of the Bride Part 2" (FT) 5:00 Bean Bags (BP) 
<b>26</b> 11:30 Church Service (FT) 1:00 Lake Lorraine Path Walk 3:00 Matinee Movie: "The Best Exotic Marigold Hotel" 5:00 Bean Bags (BP) 	<b>27</b> 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:30 Chair Tai Chi (FT) 10:00 Garden Club 10:00 Coffee Gathering (BP) 10:30 Devotions (C) 11:00 Active Chair Class (FT) 2:00 Pedal the World (FT) 3:00 Music with Andrea (GL) 4:00 BRAVO (FT) 5:00 Dinner Outing Urban Chislic	<b>28</b> 7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 9:00 – 10:00 Shopping HyVee 10:00 Crafts (S1) 11:00 Active Chair Class (FT) 1:30 Cards/Whist (S2) 2:00 Open Swim (P) 3:00 Music with Andrea (GL) 4:00 Wood Crafts with Bob (WS) 6:30 Oldies TV Shows (FT)	<b>29</b> 7:30 Water Walking (P) 8:45 Water Aerobics (P) 10:00 Coffee & Conversation (FP) 1:00 Bridge (S2) 2:00 Pedal the World (FT) 3:00 Music with Andrea (GL) 4:00 Bean Bags (BP) 6:30 Johnny Carson show (FT)	<b>30</b> 7:00 Morning Workout (FC) 7:30 Water Walking (P) 8:45 Water Aerobics (P) 11:00 Active Chair Class (FT) 1:00 -2:30 Shopping HyVee 1:30 Cards/Whist (S2) 5:30 Thursday Night Dinner music by Bill Witthoeft (LD) 7:00 The Sweet Adelines In Concert! (FT)	<b>31</b> 7:30 Water Walking (P) 8:45 Fishing Lake Lorraine 9:30 Crafts (S1) 10:30 Devotions (C) 11:00 Bingo (S1) 1:30 Pinochle (S2) 3:00 Music with Andrea (GL) 4:00 Social Hour with Art Slumskie (LC)	

## A Brief Description of Events:

**BRAVO!** Is a program that is designed to embrace an all-inclusive range of musical experiences. Sometimes this programming includes educational presentations, visual presentations of art and many other forms of music and the performing arts.