

| Sun  | Mon   | Tue   | Wed   | Thu  | Fri  | Sat   |
|--|---|---|---|--|--|---|
| <h1>June 2019</h1>   |   |   |   |  |  | <b>1</b><br>10:00a: *Adult Coloring (CV)<br>1:00p: Pedal the World (ES)<br>2:00p: Student Violin Recital (FT)<br>2:30p: *Jigsaw Puzzles<br>3:30p: Learn a New Language: Music with Rhythm Instruments (FT)<br>6:30p: *Chess (L) |
| <b>2</b><br>1:30p: One Act Play Practice (FT)<br>3:00p: *Bridge (S2)<br>3:30p: Hymns and their Origins (C)   | <b>3</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Brain Exercises (S1)<br>2:00p: Men's Group: Cornhole (BP)<br>3:00p: Active Chair Class (ES)<br>4:00p: Prize Bingo (S2)<br>6:15p: Smore's Around the Fire (BP)  | <b>4</b><br>10:00a: Balloon Volleyball (ES)<br>11:00a: Pet Therapy Dog visit (GL)<br>1:30p: Pedal the World (FT)<br>2:15p: Book Club (L)<br>3:00p: Step Into Balance (ES)<br>4:00p: Bravo! Presentation: The 60's (C)<br>6:00p: Mah Jong (L)  | <b>5</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Prize Bingo (S2)<br>1:30p: Making Seed Bombs (S1)<br>2:00p: Trip to Hy-Vee<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:15p: Legacy Learning: Scrapbooking your life (S1)                   | <b>6</b><br>10:00a: Gardening<br>11:00a: Tai Chi (ES)<br>1:30p: Pedal the World (ES)<br>2:00p: The Sensations Band (FT)<br>3:00p: Mah Jong (L)<br>3:00p: Step Into Balance (ES)<br>3:30p: Grand Choir Practice (C)<br>4:30p: Discussion Series: Caring for a Loved One with Dementia (LC)<br>6:30p: Bridge Group (S2)            | <b>7</b><br>10:00a: Chair Yoga (ES)<br>10:45a: Toss Seed Bombs<br>11:00a: Walking Group (Meet in GL)<br>1:30p: Craft: Scrap Fabric Wreaths (CV)<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:30p: Movie (FT)                    | <b>8</b><br>10:00a: *Adult Coloring (CV)<br>1:00p: Pedal the World (FT)<br>2:30p: *Jigsaw Puzzles<br>6:30p: *Chess (L)  |
| <b>9</b><br>2:00p: *Outdoor Stroll (BP)<br>3:00p: *Bridge (S2)<br>4:00p: *Adult Coloring (CV)  | <b>10</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Brain Exercises (S1)<br>2:00p: Trip to Old McDonald's Farm<br>3:00p: Active Chair Class (ES)<br>4:00p: Prize Bingo (S2)<br>6:15p: Smore's Around the Fire (BP)  | <b>11</b><br>10:00a: Balloon Volleyball (ES)<br>11:00a: Table Topics (GL)<br>1:30p: Pedal the World (ES)<br>2:00p: Tiaras, Talent & Tea! Miss Iowa Talent Show (FT)<br>3:00p: Step Into Balance (ES)<br>4:00p: Bravo! Presentation: Broadway (C)<br>6:00p: Mah Jong (L)                 | <b>12</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Prize Bingo (S2)<br>1:00p: Watercolor Painting (CV)<br>2:00p: Trip to Wal-Mart<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:45p: Shuttle to CR Municipal Band Concert at Cleveland School  | <b>13</b><br>10:00a: Gardening<br>11:00a: Tai Chi (ES)<br>1:30p: Pedal the World (FT)<br>2:00p: Dessert & Piano Music w/ Lesa (GL)<br>3:00p: Mah Jong (L)<br>3:00p: Step Into Balance (ES)<br>3:30p: Grand Choir Practice (C)<br>4:30p: Discussion Series: Caring for a Loved One with Dementia (LC)<br>6:30p: Bridge Group (S2) | <b>14</b><br><b>FLAG DAY</b><br>10:00a: Chair Yoga (ES)<br>10:45a: Plant Flags on the Front Lawn<br>1:30p: Craft: Scrap Fabric Wreaths (CV)<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:30p: Movie (FT)                        | <b>15</b><br>10:00a: *Adult Coloring (CV)<br>1:00p: Pedal the World (ES)<br>1:45p: Creative Writing (S1)<br>2:30p: *Jigsaw Puzzles<br>3:30p: Learn a New Language: Music with Rhythm Instruments (FT)<br>6:30p: *Chess (L)      |
| <b>16</b><br>11:30a—1:00p: FATHER'S DAY COOK-OUT with MUSIC by RON BURGESS (BP) <div style="text-align: center;"></div> | <b>17</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Brain Exercises (S1)<br>2:00p: Food for Thought Chef Cooking Demonstration (CL)<br>3:00p: Active Chair Class (ES)<br>4:00p: Prize Bingo (S2)<br>6:15p: Smore's Around the Fire (BP)   | <b>18</b><br>10:00a: Balloon Volleyball (ES)<br>11:00a: Pet Therapy Dog visit (GL)<br>1:30p: Pedal the World (FT)<br>2:15p: Community Meeting (FT)<br>3:15p: Step Into Balance (ES)<br>4:00p: Bravo! Presentation: Inspirational (C)<br>6:00p: Mah Jong (L)                             | <b>19</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Prize Bingo (S2)<br>1:00p: Music: The Pick-n-Hammers (FT)<br>2:00p: Trip to Hy-Vee<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:15p: Legacy Learning: Scrapbooking your life (S1)          | <b>20</b><br>10:00a: Gardening<br>11:00a: Tai Chi (ES)<br>1:30p: Pedal the World (FT)<br>2:00p: Dessert & Piano Music w/ Lesa (GL)<br>3:00p: Mah Jong (L)<br>3:00p: Step Into Balance (ES)<br>3:30p: Grand Choir Practice (C)<br>4:30p: Outdoor Fun on the Back Patio (BP)<br>6:30p: Bridge Group (S2)                           | <b>21</b><br>10:00a: Chair Yoga (ES)<br>10:45a: Watermelon on the back patio (BP)<br>11:00a: Walking Group (Meet in GL)<br>1:30p: Craft: Scrap Fabric Wreaths (CV)<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:30p: Movie (FT) | <b>22</b><br>10:00a: *Adult Coloring (CV)<br>1:00p: Pedal the World (FT)<br>2:30p: *Jigsaw Puzzles<br>4:30p—8:30p: Cirque of Cedar Rapids (BP)  |
| <b>23</b><br>2:00p: *Outdoor Stroll (BP)<br>3:00p: *Bridge (S2)<br>4:00p: *Adult Coloring (CV)   | <b>24</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Brain Exercises (S1)<br>2:00p: Meet Lucille Ball! (FT)<br>3:00p: Active Chair Class (ES)<br>4:00p: Grand Patriots Event (LC)<br>6:15p: Smore's Around the Fire (BP)   | <b>25</b><br>10:00a: Balloon Volleyball (ES)<br>11:00a: Table Topics (GL)<br>1:00p: Community Tour: What's Where at Grand Living at Indian Creek? (GL)<br>1:30p: Pedal the World (FT)<br>3:00p: Step Into Balance (ES)<br>4:00p: Bravo! Presentation: Movies (C)<br>6:00p: Mah Jong (L) | <b>26</b><br>10:00a: Chair Yoga (ES)<br>11:00a: Prize Bingo (S2)<br>1:00p: Watercolor Painting (CV)<br>2:00p: Trip to Wal-Mart<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:45p: Shuttle to Municipal Band Concert at McGrath Amphitheater | <b>27</b><br>10:00a: Gardening<br>11:00a: Tai Chi (ES)<br>1:30p: Pedal the World (FT)<br>2:00p: Birthday Celebration & Piano Music w/ Lesa (GL)<br>3:00p: Mah Jong (L)<br>3:00p: Step Into Balance (ES)<br>3:30p: Grand Choir Practice (C)<br>4:30p: Hand Massages with Lesa (S)<br>6:30p: Bridge Group (S2)                     | <b>28</b><br>10:00a: Chair Yoga (ES)<br>10:45a: Toss & Talk (GL)<br>1:30p: Craft: Scrap Fabric Wreaths (CV)<br>3:00p: Active Chair Class (ES)<br>4:00p: Social Hour (LC)<br>6:30p: Movie (FT)  | <b>29</b><br>10:00a: *Adult Coloring (CV)<br>1:00p: Pedal the World (ES)<br>1:45p: Creative Writing (S1)<br>2:30p: *Jigsaw Puzzles<br>3:30p: Learn a New Language: Music with Rhythm Instruments (FT)<br>6:30p: *Chess (L)      |
| <b>30</b><br>1:30p: One Act Play Practice (FT)<br>3:00p: *Bridge (S2)<br>3:30p: Hymns and their Origins (C)  | * Indicates a resident-run activity <div style="display: flex; justify-content: space-between; margin-top: 10px;"> <div> <p><b>LEGEND:</b></p> <p>B - Bistro<br/>             BP - Back Patio<br/>             C - Chapel<br/>             CL - Café Linn<br/>             CV - Creekview<br/>             ES - Exercise Studio</p> </div> <div> <p>FC - Fitness Center<br/>             FP - Front Porch<br/>             FT - Forum Theater<br/>             GL - Grand Lounge<br/>             GS - Gift Shop<br/>             L - Library</p> </div> <div> <p>LC - Legends Club<br/>             LL - Lavender Lane<br/>             ML - Monarch Lane<br/>             MP - Midwest Athletic Club Pool<br/>             S - Salon/Spa</p> </div> <div> <p>S1 - Studio 1<br/>             S2 - Studio 2<br/>             S3 - Studio 3<br/>             S4 - Studio 4</p> </div> </div> |   |   |  |  |   |

