

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:30a: Church Service (FT) 1 10:00a: Dominoes (U) 11:00a: Ladder Golf (BP) 1:30p: Tenzi (S2) 2:00p: Green Thumb Club (S1) 3:30p: Bingo (B) 6:00p: Wii Bowling (U) 7:00p: Movie Night (FT)	10:00a: Mind Exercises (S2) 2 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Trip- Sign up in Mail Room! 1:30p: Card Making (S1) 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 3:00p: Piano with Ethan (GL) 4:00p: Mexican Train (S1) 6:30p: Scrabble (S2)	10:00a: Group Crossword (S2) 3 11:00a: Knitting Circle (U) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at Walgreens- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Finishing Lines (S2) 6:30p: Wii Bowling (S2)	9:00a: Morning Coffee Group(B) 4 10:00a: Mind Exercises (S2) 10:30a: Water Aerobics (P) 11:00a: Pinochle (U) 1:30p: Chair Yoga (ES) 2:00p: Bravo! Music Program (FT) 3:00p: Art & Aromatherapy (S1) 3:30p: Independence Day Party with Music by Dave Wirtz (FT) 7:00p: Bingo (B)	10:00a: Presidential Jeopardy (S2) 5 11:00a: Left, Center, Right (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at HyVee- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Bean Bag Toss (BP) 6:30p: Sequence (S2)	9:00a: Morning Coffee Group (B) 6 10:00a: Mind Exercises (S2) 10:30a: Water Aerobics (P) 11:00a: Farkle Dice Game (S1) 1:30p: Craft Creations (S2) 2:00p: The Dale Thomas Band (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie Night (FT)	10:00a: Adult Coloring (S2) 7 10:00a: 500 Card Game (U) 11:00a: Rummikub (U) 1:30p: Pedal the World (FT) 2:00p: Patio Chat (BP) 3:00p: Documentary: Mysteries at the Museum (FT) 4:00p: Jigsaw Puzzles (L/S2) 7:00p: Lawrence Welk (FT)		
9:30a: Church Service (FT) 8 10:00a: Dominoes (U) 11:00a: Ladder Golf (BP) 1:30p: Tenzi (S2) 2:00p: Green Thumb Club (S1) 3:30p: Bingo (B) 6:00p: Wii Bowling (U) 7:00p: Movie Night (FT)	10:00a: Mind Exercises (S2) 9 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Trip- Sign up in Mail Room! 1:30p: Card Making (S1) 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Scrabble (S2)	10:00a: Beginner's Sign Language Class (S2) 10 12:30p: Piano with Ethan (GL) 1:30p: Pedal the World (FT) 2:00p: Shopping at Walgreens- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Finishing Lines (S2) 7:00p: Creating Moments of Joy with Jolene Brackey	9:00a: Morning Coffee Group(B) 11 10:00a: Mind Exercises (S2) 10:00a: Piano with Ethan (GL) 10:30a: Water Aerobics (P) 11:00a: Pinochle (U) 1:30p: Chair Yoga (ES) 2:00p: Bravo! Music Program(FT) 3:00p: Art & Aromatherapy (S1) 4:00p: Social Hour (LC) 7:00p: Bingo (B)	10:00a: Presidential Jeopardy 12 (S2) 11:00a: Left, Center, Right (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at HyVee- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Bean Bag Toss (BP) 6:30p: Sequence (S2)	9:00a: Morning Coffee Group(B) 13 10:00a: Mind Exercises (S2) 10:30a: Water Aerobics (P) 11:00a: Farkle Dice Game (S1) 1:30p: Craft Creations 2:00p: Guided Meditation 2:00p: Piano with Ethan (GL) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie Night (FT)	10:00a: Adult Coloring (S2) 14 10:00a: 500 Card Game (U) 11:00a: Rummikub (U) 1:30p: Pedal the World (FT) 2:00p: Patio Chat (BP) 3:00p: Documentary: Mysteries at the Museum (FT) 4:00p: Jigsaw Puzzles (L/S2) 7:00p: Lawrence Welk (FT)		
9:30a: Church Service (FT) 15 10:00a: Dominoes (U) 11:00a: Ladder Golf (BP) 1:30p: Tenzi (S2) 2:00p: Green Thumb Club (S1) 3:30p: Bingo (B) 6:00p: Wii Bowling (U) 7:00p: Movie Night (FT)	10:00a: Mind Exercises (S2) 16 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Trip- Sign up in Mail Room! 1:30p: Card Making (S1) 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 4:00p: Mexican Train (S1) 6:30p: Scrabble (S2)	10:00a: Group Crossword (S2) 17 11:00a: Knitting Circle (U) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at Walgreens- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Finishing Lines (S2) 6:30p: Wii Bowling (S2)	9:00a: Morning Coffee Group(B) 18 10:00a: Mind Exercises (S2) 10:30a: Water Aerobics (P) 11:00a: Pinochle (U) 1:30p: Chair Yoga (ES) 2:00p: Bravo! Music Program(FT) 3:00p: Art & Aromatherapy (S1) 4:00p: Social Hour (LC) 7:00p: Bingo (B)	10:00a: Presidential Jeopardy 19 11:00a: Left, Center, Right (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at HyVee- Sign up in Mail Room! 2:30p: Resident Run Meeting (S1) 3:00p: Step into Balance (ES) 4:00p: Bean Bag Toss (BP) 6:30p: Sequence (S2)	9:00a: Morning Coffee Group(B) 20 10:30a: Water Aerobics (P) 11:00a: Farkle Dice Game (S1) 2:00p: Outing: Tour around Coralville and Iowa City- Sign up in Mail Room! 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie Night (FT)	10:00a: Adult Coloring (S2) 21 10:00a: 500 Card Game (U) 11:00a: Rummikub (U) 12:00p: Summer Picnic Event 1:30p: Pedal the World (FT) 2:00p: Patio Chat (BP) 3:00p: Documentary: Mysteries at the Museum (FT) 4:00p: Jigsaw Puzzles (L/S2) 7:00p: Lawrence Welk (FT)		
9:30a: Church Service (FT) 22 10:00a: Dominoes (U) 11:00a: Ladder Golf (BP) 1:30p: Tenzi (S2) 2:00p: Green Thumb Club (S1) 3:30p: Bingo (B) 6:00p: Wii Bowling (U) 7:00p: Movie Night (FT)	10:00a: Mind Exercises (S2) 23 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Trip- Sign up in Mail Room! 1:30p: Card Making (S1) 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Scrabble (S2)	10:00a: Beginner's Sign Language Class (S2) 24 11:00a: Knitting Circle (U) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:00p: Shopping at Walgreens- Sign up in Mail Room! 3:00p: Step into Balance (ES) 4:00p: Finishing Lines (S2) 6:30p: Wii Bowling (S2)	9:00a: Morning Coffee Group(B) 25 10:00a: Mind Exercises (S2) 10:30a: Water Aerobics (P) 11:00a: Pinochle (U) 11:00a: Grand Patriots (FT) 1:30p: Chair Yoga (ES) 2:00p: Bravo! Music Program(FT) 3:00p: Art & Aromatherapy (S1) 4:00p: Social Hour (LC) 7:00p: Bingo (B)	10:00a: Presidential Jeopardy 26 (S2) 11:00a: Left, Center, Right (S1) 1:30p: Pedal the World (FT) 2:00p: Outing: Dan & Debbie's Creamery Tour-Sign up in Mailroom! 3:00p: Step into Balance (ES) 4:00p: Bean Bag Toss (BP) 6:30p: Sequence (S2)	10:00a: Mind Exercises (S2) 27 10:30a: Water Aerobics (P) 11:00a: Farkle Dice Game (S1) 1:30p: Craft Creations (S2) 2:00p: Music with Artists of Iowa (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 7:00p: Movie Night (FT)	10:00a: Adult Coloring (S2) 28 10:00a: 500 Card Game (U) 11:00a: Rummikub (U) 1:30p: Pedal the World (FT) 2:00p: Patio Chat (BP) 3:00p: Documentary: Mysteries at the Museum (FT) 4:00p: Jigsaw Puzzles (L/S2) 7:00p: Lawrence Welk (FT)		
9:30a: Church Service (FT) 29 10:00a: Dominoes (U) 11:00a: Ladder Golf (BP) 1:30p: Tenzi (S2) 2:00p: Green Thumb Club (S1) 3:30p: Bingo (B) 6:00p: Wii Bowling (U) 7:00p: Movie Night (FT)	10:00a: Mind Exercises (S2) 30 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Trip- Sign up in Mail Room! 1:30p: Card Making (S1) 2:00p: Piano with Ethan (GL) 2:00p: Guided Meditation (C) 3:00p: Active Chair Class (ES) 4:00p: Mexican Train (S1) 6:30p: Scrabble (S2)	10:00a: Group Crossword (S2) 31 11:00a: Knitting Circle (U) 11:00p: Piano with Ethan (GL) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy (GL) 2:30p: July Birthday Party (B) 3:00p: Step into Balance (ES) 4:00p: Finishing Lines (S2) 6:30p: Wii Bowling (S2)	 GRAND LIVING. <small>YOUR LIFE. UNIQUELY EMBRACED.</small> AT Bridgewater			<h1>July 2018</h1>		LEGEND: B – Bistro BP – Backyard Patio C – Chapel CB – Café Bridgewater ES – Exercise Studio FC – Fitness Center FP – Front Porch FT – Forum Theater GL – Grand Lounge GS – Gift Shop L – Library LC – Legends Club LL – Lavender Lane ML – Monarch Lane S – Salon/Spa S1 – Studio 1 S2 – Studio 2 P – Pool U – University Commons