



January 2019

LEGEND:
 B – Bistro Trattoria
 BP – Backyard Patio
 C – Chapel
 CB – Café Bella
 FC – Fitness Center
 FD - Trevi
 FP – Front Porch
 FT – Forum Theater
 GL – Grand Lounge
 GS – Gift Shop
 L - Library
 LC – Legends Club
 LL – Lavender Lane
 ML – Monarch Lane
 PD – Privato
 PG – Putting Green
 S – Salon/Spa
 S2 – Studio Two
 S4 – Studio Four
 P – Pool
 W1 – Wellness 1
 W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy New Year	2	3	4	5
Downing Street Band Rehearsal Thursday, January 10 & 17 6:30 p.m. Forum Theater	Saturday Dominoes and Sunday Rummikub are Resident Run Activities Calendar Events Subject To Change	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Morning Movie (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Ted Flanagan (LC) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Circuit Shopping Trip 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
6	7	8	9	10	11	12
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Resident Chat w/Staff (FT) 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Parkinson's Education and Support Talk (FT) 2:00 Smart Phone Class (S4) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Steve Robinson(LC) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Circuit Shopping Trip 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
13	14	15	16	17	18	19
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:15 Oklahoma! Movie at Valerie Theater 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Grand Patriots (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Tech Talk with Mel Bynum (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Concert with Petrina (FT)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Monthly Birthday Party (B) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 5:45 Music at the Museum 7:00 \$5 Bingo Bash (LC)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Tammy Marshall (LC) 7:00 Mexican Train (S4)	9:30 Manatee Festival 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Concert with Lyn Allen (FT)
20	21	22	23	24	25	26
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Bayfront "Doc Talk" (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (C) 10:00 Dementia Education (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Food For Thought (CB) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 Mary Beth Carlson Concert	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour with Wayne Bodley(LC) 7:00 Mexican Train (S4)	10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Heritage Shoppes 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
27	28	29	30	31		
9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 1:30 BRAVO! (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour Karaoke (LC) 7:00 Bingo (LC)	10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Grand Living Garage Sale 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	Catholic Communion Every Tuesday 9:15 a.m. in the Chapel 9:30 Each Morning Coffee with Friends in the Bistro Barbershop Chorus Practice Every Tuesday @6:00 p.m. Forum Theater Guided Meditation Monday and Friday 2:00 p.m. Forum Theater	

