



# February 2019

- LEGEND:**
- B – Bistro Trattoria
  - BP – Backyard Patio
  - C – Chapel
  - CB – Café Bella
  - FC – Fitness Center
  - FD - Trevi
  - FP – Front Porch
  - FT – Forum Theater
  - GL – Grand Lounge
  - GS – Gift Shop
  - L - Library
  - LC – Legends Club
  - LL – Lavender Lane
  - ML – Monarch Lane
  - PD – Privato
  - PG – Putting Green
  - S – Salon/Spa
  - S2 – Studio Two
  - S4 – Studio Four
  - P – Pool
  - W1 – Wellness 1
  - W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
<p><b>Downing Street Band Rehearsal</b> Thursday, February 28<sup>th</sup> 6:30 p.m. Forum Theater</p>	<p><b>Saturday Dominoes and Sunday Rummikub</b> are Resident Run Activities</p> <p><b>Blood Pressure Checks</b> Friday, February 8<sup>th</sup> &amp; 22<sup>nd</sup></p>	<p><b>Catholic Communion</b> Every Tuesday 9:15 a.m. in the Chapel</p> <p><b>9:30 Each Morning Coffee with Friends</b> in the Bistro</p>	<p><b>Barbershop Chorus Practice</b> Every Tuesday @6:00 p.m. Forum Theater</p> <p><b>Guided Meditation</b> Monday and Friday 2:00 p.m. Forum Theater</p>	<p>10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) <b>4:00 Social Hour with Duke Zecco (LC)</b> 7:00 Mexican Train (S4)</p>	<p>10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) <b>2:00 Circuit Shopping Trip</b> <b>2:30 Movie Matinee (FT)</b> 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)</p>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p>9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) <b>11:00 Banking/Post Office Trip</b> 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)</p>	<p>10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) <b>2:00 Shopping Walmart</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)</p>	<p><b>10:00 Morning Movie (FT)</b> 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) <b>2:00 Smart Phone Class (S2)</b> 2:00 Bridge (S4) 3:00 Active Chair Class (FT) <b>4:00 Social Hour Karaoke (LC)</b> 7:00 Bingo (LC)</p>	<p>10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) <b>4:00 Social Hour with Ted Flanagan (LC)</b> 7:00 Mexican Train (S4)</p>	<p>10:00 Dominoes (S4) <b>10:30 Circuit Shopping Trip</b> 10:30 Water Walking (P) <b>12:30 "Beauty and the Beast" at Stage West (B)</b> 1:30 Pedal The World (FT) <b>2:30 Movie Matinee (FT)</b> 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)</p>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14 Valentine's Day</b>	<b>15</b>	<b>16</b>
<p>9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) <b>11:00 Banking/Post Office Trip</b> 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)</p>	<p>10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) <b>2:00 Shopping Winn Dixie/Publix</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)</p>	<p><b>10:00 Resident Chat w/Staff (FT)</b> 10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) <b>2:00 Parkinson's Education and Support Talk (FT)</b> 2:00 Bridge (S4) 3:00 Active Chair Class (FT) <b>4:00 Social Hour Karaoke (LC)</b> 7:00 Bingo (LC)</p>	<p>10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) <b>2:00 Taste of Chocolate (B &amp; FT)</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) <b>7:00 Lynn Allen in Concert (FT)</b></p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) <b>4:00 Social Hour with Terri and Andrew Dean (LC)</b> 7:00 Mexican Train (S4)</p>	<p>10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) <b>2:00 Circuit Shopping Trip</b> <b>2:30 Movie Matinee (FT)</b> 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)</p>
<b>17</b>	<b>18 President's Day</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<p>9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)</p>	<p>10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) <b>2:00 Shopping Walmart</b> <b>2:00 Grand Patriots (FT)</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)</p>	<p>10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) <b>2:00 Tech Talk w/Mel Bynum (FT)</b> 2:00 Bridge (S4) 3:00 Active Chair Class (FT) <b>4:00 Social Hour Karaoke (LC)</b> 7:00 Bingo (LC)</p>	<p>10:00 Tai Chi (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) <b>2:30 Monthly Birthday Party (B)</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (FT) 3:00 Active Chair Class (FT) <b>4:00 Social Hour with Wayne Bodley(LC)</b> 7:00 Mexican Train (S4)</p>	<p>10:00 Dominoes (S4) <b>10:30 Circuit Shopping Trip</b> 10:30 Water Walking (P) 1:30 Pedal The World (FT) <b>2:30 Movie Matinee (FT)</b> 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)</p>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>		
<p>9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT)</p>	<p>10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) <b>11:00 Banking/Post Office Trip</b> 1:30 Chair Yoga (FT) 2:00 Guided Meditation (FT) 2:00 Mah Jongg (S4) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)</p>	<p>10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) <b>2:00 Shopping Winn Dixie/Publix</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)</p>	<p>10:00 Brain Fit (S4) 10:30 Water Aerobics (P) 10:30 Card Making (S4) <b>2:00 Bayfront "Doc Talk" (FT)</b> 2:00 Bridge (S4) 3:00 Active Chair Class (FT) <b>4:00 Social Hour Karaoke (LC)</b> 7:00 Bingo (LC)</p>	<p><b>10:00 Dementia Education (FT)</b> 10:00 Tai Chi (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) <b>2:30 Food For Thought (CB)</b> 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)</p>	<p><b>Calendar Events Subject To Change</b></p>	

