



December 2018

LEGEND:
 B – Bistro Trattoria
 BP – Backyard Patio
 C – Chapel
 CB – Café Bella
 FC – Fitness Center
 FD - Trevi
 FP – Front Porch
 FT – Forum Theater
 GL – Grand Lounge
 GS – Gift Shop
 L - Library
 LC – Legends Club
 LL – Lavender Lane
 ML – Monarch Lane
 PD – Privato
 PG – Putting Green
 S – Salon/Spa
 S2 – Studio Two
 S4 – Studio Four
 P – Pool
 W1 – Wellness 1
 W2 – Wellness 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	31 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4) 7:00 New Year's Eve Party (FT)	Downing Street Band Rehearsal Thursday, December 6 6:30 p.m. Forum Theater	Saturday Dominoes and Sunday Rummikub are Resident Run Activities Calendar Events Subject To Change	Catholic Communion Every Tuesday 9:15 a.m. in the Chapel 9:30 Each Morning Coffee w/Friends in the Bistro	Barbershop Chorus Practice Every Tuesday @6:00 p.m. Forum Theater Guided Meditation Monday and Friday 2:00 p.m. in the Chapel	1 10:00 Dominoes (S4) 10:30 Circuit Shopping Trip 10:30 Water Walking (P) 1:30 Holiday Concert (Bus) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
2 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	3 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	4 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	5 10:00 Morning Movie (FT) 10:00 Brain Fit (S2) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 1:00 Bon Worth Trunk Show (FT) 3:00 Christmas Concert w/Norm Schaffer (FT) 3:00 Active Chair Class (C) 7:00 Tree Trimming Party (GL)	6 10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:00 Think Positive w/Gayle Cohen (FT) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	7 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Social Hour (LC) 5:45 Singing Christmas Tree (Bus)	8 10:00 Dominoes (S4) 10:30 Water Walking (P) 12:30 Annie Trip (Bus) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
9 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	10 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	11 10:00 Tai Chi (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Walmart 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	12 10:00 Resident Chat w/Staff (B) 10:00 Brain Fit (S2) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Parkinson's Education and Support Talk (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour (LC) 7:00 Bingo (LC)	13 10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:00 Urban Dance Performer (FT) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	14 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (C) 2:00 Blood Pressure Check (L) 3:00 Active Chair Class (FT) 4:00 Social Hour (LC) 7:00 Mexican Train (S4)	15 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 1:45 Ditchfield Family Singers Trip (Bus) 2:00 Jeff Eekhoff Concert w/Students (FT) 4:00 Saturday Chat (LC) 7:00 Movie Night (FT)
16 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	17 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	18 9:00 McGovern Jewelry (GL) 10:00 Tai Chi (FT) 10:00 Citrus Strings Concert (FT) 10:30 Bible Study (C) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 2:00 Shopping Winn Dixie/Publix 2:00 Grand Patriots (FT) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 6:30 Board Games/Poker (S4)	19 10:00 Brain Fit (S2) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 2:00 Sass w/Class Cloggers (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour w/Lonny Sarao (LC) 7:00 Bingo (LC)	20 10:00 Tai Chi (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Monthly Birthday Party (B) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 4:30 Resident Christmas Party (FT) 7:00 \$5 Bingo Bash (LC)	21 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Social Hour (LC) 7:00 Mexican Train (S4)	22 10:00 Dominoes (S4) 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:00 Circuit Shopping Trip 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)
23 9:30 Church Services (FT) 10:00 Rummikub (S4) 10:30 Water Walking (P) 2:00 Mexican Train (S4) 2:30 Step Into Balance (FT) 3:30 Bingo (LC) 7:00 Movie Night (FT) 7:00 Dominoes (B)	24 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 11:00 Banking/Post Office Trip 1:30 Chair Yoga (FT) 2:00 Guided Meditation (C) 3:00 Active Chair Class (FT) 4:00 Rummikub (S4) 6:30 Card Games (S4)	25 10:00 Tai Chi (FT) 1:30 Pedal the World (FT) 4:00 Christmas Dinner (CB/FD) 6:30 Board Games/Poker (S4) 7:00 Christmas Movie "White Christmas" (FT)	26 10:00 Brain Fit (S2) 10:30 Water Aerobics (P) 10:30 Card Making (S4) 1:30 BRAVO! (FT) 3:00 Active Chair Class (FT) 4:00 Social Hour (FT) 7:00 Bingo (B)	27 10:00 Tai Chi (FT) 10:00 Dementia Education (FT) 11:00 Crafters Corner (S4) 1:30 Pedal the World (FT) 1:30 Therapy Dog "Dutch" (GL) 2:30 Food For Thought (CB) 3:00 Step Into Balance (FT) 4:00 Brain Fit (S4) 7:00 \$5 Bingo Bash (LC)	28 10:30 Wii Bowling (S2) 10:30 Water Aerobics (P) 1:30 Chair Yoga (FT) 2:00 Poker (S4) 2:00 Guided Meditation (C) 2:00 Blood Pressure Check (L) 3:00 Active Chair Class (FT) 4:00 Social Hour (LC) 7:00 Mexican Train (S4)	29 10:00 Dominoes (S4) 10:30 Circuit Shopping Trip 10:30 Water Walking (P) 1:30 Pedal The World (FT) 2:30 Movie Matinee (FT) 4:00 Saturday Chat (LC) 6:30 Jigsaw Puzzles (L/S4) 7:00 Movie Night (FT)

