

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am-12pm: Limited Church Transportation 10:30a: Parkview Church Live Streaming (FT) 1:30p: Balance & Strength for Seniors Video (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	10:30a: Water Aerobics (P) 11:00a: How-To (S1) 1:30p: Tennis Ball Bocce (FT) 2:00p: Water Walking (P) 2:30p: Piano by Alicia (GL) 3:00p: Active Chair Class (ES) 6:30p: Tie Blankets for the Children's Hospital (S1)	9:30a: Morning Coffee Group (B) 10:30a: Chair Yoga (ES) 11:00a: Outing: Bank/Post Office 1:00p: Canasta Group (S1) 1:30p: Pedal the World (ES) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: The Dick Watson Trio featuring Internationally known New York Saxophonist Ray Blue (FT)	10:30a: Water Aerobics (P) 10:30a: Catholic Mass with Father Chuck (FT) 11:00a: Art Class with Alicia (S1) 1:00p: Bridge Club (S1) 2:00p: Chair Yoga (FT) 2:00p: Shopping at Walgreens 3:00p: Fitness Class with Kris (ES) 6:30p: Bingo (B)	10:00a: Piano with Kathy (GL) 10:30a: Chair Yoga (FT) 11:00a: Shopping at Von Maur 1:00p: Mexican Train (S2) 1:30p: Pedal the World (FT) 3:00p: Step into Balance (FT) 3:30p: Bravo! Music Program (FT) 6:30p: Shut the Box (S1)	9:30a: Morning Coffee Group (B) 10:30a: Tea Party with the Luminations Ladies (LL) 11:00a: Open Gym (FC) 2:00p: Water Walking (P) 2:00p: Music & Movement (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)	10:30a: Music by Larry Jensen (FT) 11:00a: Non-Denominational Bible Study: King James Version (S1) 1:30p: Pedal the World (FT) 2:00p: Euchre (S1) 3:30p: Great Courses Lecture Series: The Aging Brain (C) 6:30p: The Best of Listening Music (S1)
9am-12pm: Limited Church Transportation 10:30a: Parkview Church Live Streaming (FT) 1:30p: Balance & Strength for Seniors Video (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	10:30a: Water Aerobics (P) 11:00a: How-To (S1) 2:00p: Indoor Hockey Game (ML) 2:00p: Water Walking (P) 2:30p: Piano by Alicia (GL) 3:00p: Active Chair Class (ES) 6:30p: Tie Blankets for the Children's Hospital (S1)	9:30a: Morning Coffee Group (B) 10:30a: Chair Yoga (ES) 11:00a: Shopping at Target 1:00p: Canasta Group (S1) 1:30p: Pedal the World (ES) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Crochet & Knitting (GL)	10:30a: Water Aerobics (P) 10:30a: Catholic Service (FT) 11:00a: Art with Alicia (S1) 1:00p: Bridge Club (S1) 1:30p: Pet Therapy Dogs (GL) 2:00p: Chair Yoga (FT) 2:00p: Shopping at HyVee 5:00p: Dinner with the Hawkeye Football Players (CB) 6:30p: Bingo (B)	10:00a: Piano with Kathy (GL) 10:30a: Chair Yoga (FT) 11:00a: Shopping at Dollar Tree/TJMaxx 1:00p: Mexican Train (S2) 1:30p: Pedal the World (FT) 3:00p: Step into Balance (ES) 3:30p: Bravo! Music Program (FT) 6:30p: Shut the Box (S1)	9:30a: Morning Coffee Group (B) 11:00a: Non-Denominational Hymn Singing (C) 11:00a: Open Gym (FC) 1:30p: Water Walking (P) 2:00p: Music & Movement (ML) 3:30p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)	10:00a: Pi Day Coloring (S2) 11:00a: Non-Denominational Bible Study: King James Version (S1) 1:30p: Pedal the World (FT) 2:00p: Euchre (S1) 3:30p: Piano Recital by Abigail (FT) 5:30p: Great Courses Lecture Series: The Aging Brain (C) 6:30p: The Best of Listening Music (S1)
9am-12pm: Limited Church Transportation 10:30a: Parkview Church Live Streaming (FT) 1:30p: Balance & Strength for Seniors Video (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	10:30a: Water Aerobics (P) 11:00a: How-To (S1) 1:30p: March Madness Ping Pong Basketball (GL) 2:00p: Water Walking (P) 2:30p: Piano by Alicia (GL) 3:00p: Active Chair Class (ES) 6:30p: Tie Blankets for the Children's Hospital (S1)	9:30a: Morning Coffee Group (B) 10:00a: Men's Club Outing 10:30a: Chair Yoga (FT) 1:00p: Canasta Group (S1) 1:30p: Pedal the World (FT) 3:00p: Step into Balance (FT) 3:30p: Bell Choir Rehearsal (FT) 4:00p: St. Patrick's Day Social Hour (LC) 6:30p: Music by The Lucky Charms Clarinet Quartet (FT)	10:30a: Water Aerobics (P) 10:30a: Catholic Service (FT) 11:00a: Art Class with Alicia (S1) 1:00p: Bridge Club (S1) 1:00p: Shopping at Coralville Mall 1:30p: Pet Therapy Dogs (GL) 2:00p: Chair Yoga (FT) 3:00p: Documentary: Man on Wire (FT) 6:30p: Bingo (B)	10:00a: Piano with Kathy (GL) 10:30a: Chair Yoga (ES) 11:00a: Shopping at Walgreens 1:00p: Mexican Train (S2) 1:30p: Pedal the World (ES) 2:00p: Speaking Presentation on Winston Churchill (FT) 3:00p: Step into Balance (ES) 3:30p: Bravo! Music Program (FT) 6:30p: Yahtzee (S1)	9:30a: Morning Coffee Group (B) 11:00a: Non-Denominational Hymn Singing (C) 11:00a: Open Gym (FC) 1:30p: Golf Card Game (S1) 2:00p: Water Walking (P) 1:30p: Outing: Iowa City Gallery Exhibit: The Pull of Horses 3:00p: Active Chair Class (ES) 6:30p: Movie Night (FT)	10:00a: Adult Coloring (S2) 11:00a: Non-Denominational Bible Study: King James Version (S1) 1:30p: Pedal the World (FT) 2:00p: Euchre (S1) 3:30p: Great Courses Lecture Series: The Aging Brain (C) 6:30p: The Best of Listening Music (S1)
9am-12pm: Limited Church Transportation 10:30a: Parkview Church Live Streaming (FT) 1:30p: Balance & Strength for Seniors Video (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	10:30a: Water Aerobics (P) 11:00a: How-To (S1) 1:30p: Balloon Volleyball (ML) 2:00p: Water Walking (P) 2:00p: Iowa Audiology Speaker (FT) 3:00p: Active Chair Class (ES) 3:30p: Piano by Alicia (GL) 6:30p: Tie Blankets for the Children's Hospital (S1)	9:30a: Morning Coffee Group (B) 10:30a: Chair Yoga (FT) 11:00a: Shopping at HyVee 1:00p: Canasta Group (S1) 1:30p: Pedal the World (ES) 2:00p: The Making of a Crossword Puzzle Presentation (FT) 3:00p: Step into Balance (FT) 3:30p: Bell Choir Rehearsal (FT) 6:00p: Parkinson's Support Group Meeting (FT)	10:30a: Water Aerobics (P) 10:30a: Catholic Service (FT) 11:00a: Art Class with Alicia (S1) 1:00p: Bridge Club (S1) 1:30p: Pet Therapy Dogs (GL) 2:00p: Chair Yoga (ES) 2:30p: Resident Meeting (FT) 6:30p: Bingo (B)	10:00a: Piano with Kathy (GL) 10:30a: Chair Yoga (FT) 11:00a: Shopping with Walmart/Kohl's 12:00p: Fitness Lunch & Learn with Tim (FT) 1:00p: Mexican Train (S2) 1:30p: Pedal the World (ES) 3:00p: Step into Balance (FT) 3:30p: Bravo! Music Program (FT) 6:30p: Sudoku (S1)	9:30a: Morning Coffee Group (B) 11:00a: Non-Denominational Hymn Singing (C) 11:00a: Open Gym (FC) 12:00p: Dementia Education Luncheon (FT) 1:30p: Water Walking (P) 3:30p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)	10:00a: Adult Coloring (S2) 11:00a: Non-Denominational Bible Study: King James Version (S1) 1:30p: Pedal the World (ES) 2:00p: Music by Nearly Elvis (FT) 3:30p: Great Courses Lecture Series: The Aging Brain (C) 6:30p: The Best of Listening Music (S1)
9am-12pm: Limited Church Transportation 10:30a: Parkview Church Live Streaming (FT) 1:30p: Balance & Strength for Seniors Video (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	10:30a: Water Aerobics (P) 11:00a: How-To (S1) 1:00p: Book Club Discussion for More than Witnesses with Author Gene Matthews (S1) 2:00p: Water Walking (P) 2:30p: Food for Thought (CB) 3:00p: Active Chair Class (ES) 3:30p: Piano by Alicia (GL) 6:30p: Tie Blankets for the Children's Hospital (S1)	9:30a: Morning Coffee Group (B) 10:30a: Chair Yoga (FT) 11:00a: Shopping at Home Goods/Barnes & Noble 1:00p: Canasta Group (S1) 1:30p: Pedal the World (FT) 2:00p: Listening Music by Midnight Rider (FT) 3:00p: Step into Balance (FT) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Crochet & Knitting (GL)	LEGEND: B – Bistro BP – Backyard Patio C – Chapel CB – Café Bridgewater ES – Exercise Studio FC – Fitness Center FP – Front Porch FT – Forum Theater GL – Grand Lounge L – Library LC – Legends Club LL – Lavender Lane ML – Monarch Lane S – Salon/Spa S1 – Studio 1 S2 – Studio 2 P – Pool U – University Commons			

•Activities are subject to change•

March 2020

