


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1 style="margin: 0;">June 2019</h1>							
<b>10:00a: Worship Service (C) 2</b> 10:30a: Parkview Church Live Streaming (FT) 1:30p: Line Dancing with Rhonda (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	<b>8:00a: Morning Meditation (C) 3</b> 10:30a: Water Aerobics (P) 1:30p: Balloon Volleyball (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 6:30p: Evening Stroll with Rhonda (GL)	<b>9:30a: Morning Coffee Group (B) 4</b> 10:30a: Chair Yoga (FT) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) <b>6:30p: Music with Larry Fountain (FT)</b>	<b>8:00a: Morning Meditation (C) 5</b> 10:30a: Water Aerobics (P) <b>10:30a: Catholic Service (C)</b> 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (FT) <b>3:00p: Fitness Class with Kris Cameron (ES)</b> 6:30p: Bingo (B)	<b>10:30a: Bible Study (S1) 6</b> 10:30a: Chair Yoga (FT) 1:30p: Pedal the World (FT) 2:00p: Shopping at Trader Joe's 3:00p: Step into Balance (ES) 4:00p: Wine & Watercolors (S1) 6:30p: Billiards Game (U)**	<b>8:00a: Morning Meditation (C) 7</b> 9:30a: Morning Coffee Group (B) 10:30a: Walking Group (GL) 1:00p: Open Gym (FC) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) <b>4:00p: Social Hour (LC)</b> 6:30p: Movie Night (FT)	<b>10:30a: Music by Larry Jensen 1 (FT)</b> 1:30p: Pedal the World (FT) <b>2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT)</b> 6:30p: The Best of Listening Music (S1)	
<b>10:00a: Worship Service (C) 9</b> 10:30a: Parkview Church Live Streaming (FT) 1:30p: Beginner's Chair Class (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	<b>8:00a: Morning Meditation (C) 10</b> 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Outing 1:30p: Hockey Game (FT) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 6:30p: Evening Stroll with Rhonda (GL)	<b>9:30a: Morning Coffee Group (B) 11</b> 10:30a: Chair Yoga (FT) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) <b>3:30p: Bell Choir Performance (FT)</b> 6:30p: Crochet & Knitting (GL)	<b>8:00a: Morning Meditation (C) 12</b> 10:30a: Water Aerobics (P) <b>12:00p: Midday Connection Luncheon (FT)</b> 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (FT) 3:00p: Bravo! Music Program (FT) 6:30p: Bingo (B)	<b>10:30a: Bible Study (S1) 13</b> 10:30a: Chair Yoga (FT) <b>11:00a: Resident-Only Meeting (FT)</b> 1:30p: Pedal the World (FT) <b>2:00p: Polka with Becky (FT)</b> 3:00p: Step into Balance (ES) 4:00p: Wine & Watercolors (S1) 6:30p: Social & S'mores (BP)	<b>8:00a: Morning Meditation (C) 14</b> 9:30a: Morning Coffee Group (B) 10:30a: Walking Group (GL) 1:30p: Water Walking (P) 3:30p: Active Chair Class (ES) <b>4:00p: Social Hour (LC)</b> 6:30p: Movie Night (FT)	<b>10:00a: Adult Coloring (S2)** 15</b> 1:30p: Pedal the World (FT) <b>2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT)</b> 6:30p: The Best of Listening Music (S1)	
<b>10:00a: Worship Service (C) 16</b> 10:30a: Parkview Church Live Streaming (FT) 1:30p: Beginner's Chair Class (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) <b>4:30p: Father's Day Celebration (CB)</b> 6:30p: Movie Night (FT)	<b>8:00a: Morning Meditation (C) 17</b> 10:30a: Water Aerobics (P) 1:30p: Beginner's Sign Language Class (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 6:30p: Evening Stroll with Rhonda (GL)	<b>9:30a: Morning Coffee Group (B) 18</b> 10:30a: Chair Yoga (FT) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) <b>6:00p: Parkinson's Support Group (FT)</b>	<b>8:00a: Morning Meditation (C) 19</b> 10:30a: Water Aerobics (P) <b>10:30a: Catholic Service (C)</b> 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (FT) 3:00p: Bravo! Music Program (FT) <b>5:00p: Family Support Group Meeting (S1)</b> 6:30p: Bingo (B)	<b>10:30a: Bible Study (S1) 20</b> 10:30a: Chair Yoga (FT) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at HyVee 2:00p: Step into Balance (ES) <b>3:00p-7:00p: Bridgewater's 1st Year Anniversary Party (BP)</b>	<b>8:00a: Morning Meditation (C) 21</b> 9:30a: Morning Coffee Group (B) 10:30a: Walking Group (GL) 1:00p: Open Gym (FC) 2:00p: Water Walking (P) <b>2:00p: Music Therapy (FT)</b> 3:00p: Active Chair Class (ES) <b>4:00p: Social Hour (LC)</b> 6:30p: Movie Night (FT)	<b>10:00a: Adult Coloring (S2)** 22</b> 1:30p: Pedal the World (ES) <b>2:00p: Keota Brass Band (FT)</b> <b>2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (C)</b> 6:30p: The Best of Listening Music (S1)	
<b>10:00a: Worship Service (C) 23</b> 10:30a: Parkview Church Live Streaming (FT) 1:30p: Line Dancing with Rhonda (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)	<b>8:00a: Morning Meditation (C) 24</b> 10:30a: Water Aerobics (P) 11:00a: Bank/Post Office Outing 1:30p: Balloon Volleyball (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 6:30p: Book Club (GL)	<b>9:30a: Morning Coffee Group (B) 25</b> 10:30a: Chair Yoga (FT) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) <b>2:00p: Food for Thought (CB)</b> 3:00p: Step into Balance (ES) <b>3:30p: Social Drumming (FT)</b> 6:30p: Crochet & Knitting (GL)	<b>8:00a: Morning Meditation (C) 26</b> 10:30a: Water Aerobics (P) <b>11:00a: Fishing Outing (GL)</b> 1:00p: Bridge Club (S1)** 1:30p: Chair Yoga (ES) <b>2:30p: Resident Meeting (FT)</b> 4:00p: Bravo! Music Program (FT) 6:30p: Bingo (B)	<b>10:30a: Bible Study (S1) 27</b> 10:30a: Chair Yoga (FT) <b>12:00p: Fitness Lunch &amp; Learn (FT)</b> 1:30p: Pedal the World (ES) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at Walgreens 3:00p: Step into Balance (ES) 6:30p: Wine & Bonfire (BP)	<b>8:00a: Morning Meditation (C) 28</b> 9:30a: Morning Coffee Group (B) 10:30a: Walking Group (GL) 1:00p: Open Gym (FC) 2:00p: Water Walking (P) <b>2:00p: Music Therapy (ML)</b> 3:00p: Active Chair Class (ES) <b>4:00p: Birthday Party Social (LC)</b> 6:30p: Movie Night (FT)	<b>10:00a: Adult Coloring (S2)** 29</b> 1:30p: Pedal the World (FT) <b>2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT)</b> 6:30p: The Best of Listening Music (S1)	
<b>10:00a: Worship Service (C) 30</b> 10:30a: Parkview Church Live Streaming (FT) 1:30p: Line Dancing with Rhonda (ES) <b>2:00p: Uke Club Performance (FT)</b> 3:30p: Bingo (B) 6:30p: Movie Night (FT)	 <b>Resident Run Activity: **</b>		<b>LEGEND:</b> B - Bistro BP - Backyard Patio C - Chapel CB - Café Bridgewater ES - Exercise Studio FC - Fitness Center FT - Forum Theater GL - Grand Lounge GS - Gift Shop L - Library LC - Legends Club LL - Lavender Lane ML - Monarch Lane S - Salon/Spa S1 - Studio 1 S2 - Studio 2 P - Pool U - University Commons			Every Thursday at 7:00p: Iowa City Flute Choir Rehearsal (FT)	

..Activities are subject to change..