

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

<p>10:30a: Church Service (FT) 3 11:00a: Tie Blanket for Project Linus (S1) 1:30p: Stretch & Unwind (ES) 2:00p: Puppy Bowl (FT) 3:30p: Bingo (B) 5:30p: Super Bowl 53 (FT)</p>	<p>10:30a: Water Aerobics (P) 4 11:00a: Wickham Elementary Pen Pal Program (S1) 1:30p: Traveling Bicycle Presentation by Dr. Beasley (FT) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor (S1) 6:30p: Crochet-Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 5 10:30a: Chair Yoga (ES) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Canasta Group (S1)** 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:30p: Yahtzee (S1)</p>	<p>10:30a: Water Aerobics (P) 6 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 6:30p: Bingo (B)</p>	<p>10:30a: Chair Yoga (ES) 7 11:00a: Yahtzee (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at Walgreens 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:30p: Billiards Game (U) 7:00p: Iowa City Flute Choir Rehearsal (FT)</p>	<p>9:30a: Morning Coffee Group (B) 8 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Music by Larry Fountain (FT)</p>	<p>9:30a: Piano by Ethan (GL) 9 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 3:00p: Jigsaw Puzzles (S2) 7:00p: Movie Night (FT)</p>																			
<p>10:30a: Church Service (FT) 10 11:00a: Tie Blanket for Project Linus (S1) 1:30p: Stretch & Unwind (ES) 2:00p: The George Jazz Group Musical Performance (FT) 3:30p: Bingo (B) 7:00p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 11 11:00a: Bank/Post Office Trip 1:30p: Wickham Elementary Pen Pal Program (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Blackjack (U)</p>	<p>9:30a: Morning Coffee Group (B) 12 10:30a: Chair Yoga (ES) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Canasta Group (S1)** 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:30p: Left, Right, Center (S1)</p>	<p>10:30a: Water Aerobics (P) 13 10:30a: Catholic Service (C) 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 6:30p: Bingo (B)</p>	<p>10:30a: Chair Yoga (ES) 14 11:00a: Yahtzee (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at Walgreens 3:00p: Valentine's Day Social Hour (LC) 6:30p: Billiards Game (U) 7:00p: Iowa City Flute Choir Rehearsal (FT)</p>	<p>9:30a: Morning Coffee Group (B) 15 10:00a: Women's Bible Study (S2) 1:30p: Tai Chi (ES) 2:00p: Music Therapy (ML) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Music by Dick Watson (FT)</p>	<p>9:30a: Piano by Ethan (GL) 16 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 3:00p: Jigsaw Puzzles (S2) 7:00p: Movie Night (FT)</p>																			
<p>10:30a: Church Service (FT) 17 11:00a: Tie Blanket for Project Linus (S1) 1:30p: Stretch & Unwind (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 7:00p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 18 11:00a: Bank/Post Office Trip 1:30p: Wickham Elementary Pen Pal Program (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Crochet-Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 19 10:30a: Chair Yoga (ES) 1:30p: Pedal the World (FT) 2:00p: Canasta Group (S1)** 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:00p: Johnson County Parkinson's Support Group Meeting (FT)</p>	<p>10:30a: Water Aerobics (P) 20 1:00p: Bridge Club (S1)** 2:00p: Food for Thought: Chef Austina Demonstration (CB) 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 5:30p: Family Support Group Meeting (S1)</p>	<p>10:30a: Chair Yoga (ES) 21 11:00a: Yahtzee (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at Walgreens 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:30p: Billiards Game (U) 7:00p: Iowa City Flute Choir Rehearsal (FT)</p>	<p>9:30a: Morning Coffee Group (B) 22 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 3:30p: Birthday Party & Margarita Social Hour (LC) 6:30p: Music by Tom & Dianna (FT)</p>	<p>9:30a: Piano by Ethan (GL) 23 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 3:00p: Jigsaw Puzzles (S2) 7:00p: Movie Night (FT)</p>																			
<p>10:30a: Church Service (FT) 24 2:00p: Preucil School of Music Live Stream of Hancher Concert (FT) 3:00p: Step into Balance (ES) 7:00p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 25 11:00a: Bank/Post Office Trip 1:30p: Wickham Elementary Pen Pal Program (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Blackjack (U)**</p>	<p>9:30a: Morning Coffee Group (B) 26 10:30a: Chair Yoga (ES) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Canasta Group (S1)** 3:00p: Step into Balance (ES) 3:00p: Bravo! Music Program (FT) 6:30p: Bingo (B)</p>	<p>10:30a: Water Aerobics (P) 27 10:30a: Catholic Service (C) 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 4:00p: Outing: Tour of Grand Living at Indian Creek •Sign-up at the Front Desk!</p>	<p>10:30a: Chair Yoga (ES) 28 12:00p: Fitness Lunch & Learn with Tim (FT) 1:30p: Pedal the World (FT) 2:30p: Resident Meeting (FT) 3:00p: Step into Balance (ES) 3:30p: Board Games (U)** 6:30p: Billiards Game (U)** 7:00p: Iowa City Flute Choir Rehearsal (FT)</p>	<div style="display: flex; align-items: center;"> <div> <p>Resident Run Activity: **</p> </div> </div> <div style="margin-top: 20px;"> <p>LEGEND:</p> <table style="font-size: small;"> <tr> <td>B - Bistro</td> <td>GS - Gift Shop</td> </tr> <tr> <td>BP - Backyard Patio</td> <td>L - Library</td> </tr> <tr> <td>C - Chapel</td> <td>LC - Legends Club</td> </tr> <tr> <td>CB - Café Bridgewater</td> <td>LL - Lavender Lane</td> </tr> <tr> <td>ES - Exercise Studio</td> <td>ML - Monarch Lane</td> </tr> <tr> <td>FC - Fitness Center</td> <td>S - Salon/Spa</td> </tr> <tr> <td>FP - Front Porch</td> <td>S1 - Studio 1</td> </tr> <tr> <td>FT - Forum Theater</td> <td>S2 - Studio 2</td> </tr> <tr> <td>GL - Grand Lounge</td> <td>P - Pool</td> </tr> <tr> <td></td> <td>U - University Commons</td> </tr> </table> </div>	B - Bistro	GS - Gift Shop	BP - Backyard Patio	L - Library	C - Chapel	LC - Legends Club	CB - Café Bridgewater	LL - Lavender Lane	ES - Exercise Studio	ML - Monarch Lane	FC - Fitness Center	S - Salon/Spa	FP - Front Porch	S1 - Studio 1	FT - Forum Theater	S2 - Studio 2	GL - Grand Lounge	P - Pool		U - University Commons
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••Activities are subject to change••