

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																			
 <p>GRAND LIVING. YOUR LIFE. UNIQUELY EMBRACED. <i>AT Bridgewater</i></p>	<p>10:30a: Water Aerobics (P) 1 11:00a: Bank/Post Office Outing 1:30p: Beginner's Sign Language Class (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Crochet & Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 2 10:30a: Chair Yoga (ES) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Bingo (B)</p>	<p>10:30a: Water Aerobics (P) 3 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 6:30p: The Life & Legacy of Herbert Hoover: Presented by Hoover Museum & Library (FT)</p>	<p>10:30a: Chair Yoga (ES) 4 11:00a: Brain Fit (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at Walgreens 3:00p: Step into Balance (ES) 4:00p: Lavender Lane Grand Opening Celebration (LL) 6:30p: Yahtzee (S1)</p>	<p>9:30a: Morning Coffee Group (B) 5 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Water Walking (P) 2:00p: Music Therapy (FT) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>9:30a: Piano by Ethan (GL) 6 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT) 7:00p: Movie Night (FT)</p>																			
<p>10:00a: Worship Service (C) 7 10:30a: Parkview Church Live Streaming (FT) 11:30a: Tie Blanket Making (S1) 1:30p: Beginner's Chair Class (ES) 2:00p: Armchair Travel: The Quest: Seeking a Lost Heritage (FT) 3:30p: Bingo (B) 7:00p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 8 1:30p: Beginner's Sign Language Class (S1) 2:00p: Seated Balloon Volleyball (ES) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Crochet & Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 9 10:30a: Chair Yoga (ES) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Music by Jerry Smithe (FT) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Left, Right, Center (S1)</p>	<p>10:30a: Water Aerobics (P) 10 10:30a: Catholic Service (C) 12:00p: Women's Luncheon (FT) 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 6:30p: Bingo (B)</p>	<p>10:30a: Chair Yoga (ES) 11 11:00a: Brain Fit (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: Shopping at JCPenney 3:00p: Step into Balance (ES) 6:30p: Billiards Game (U)**</p>	<p>9:30a: Morning Coffee Group (B) 12 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Social Hour (LC) 6:00p: Glenn Miller Night (FT)</p>	<p>9:30a: Piano by Ethan (GL) 13 10:00a: Easter Egg Hunt for Bridgewater Family & Friends (GL) 1:30p: Pedal the World (ES) 2:00p: Elvis Music by Ron (FT) 6:00p: Glenn Miller Night (FT)</p>																			
<p>10:00a: Worship Service (C) 14 10:30a: Parkview Church Live Streaming (FT) 11:00a: Tie Blanket Making (S1) 1:30p: Beginner's Chair Class (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 6:30p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 15 1:30p: Beginner's Sign Language Class (S1) 2:00p: Water Walking (P) 2:30p: Friends of the Animal Foundation Presentation (FT) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Crochet & Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 16 10:30a: Chair Yoga (ES) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Blackjack (U)</p>	<p>10:30a: Water Aerobics (P) 17 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 2:00p: Food for Thought: Chef Austina Demonstration (CB) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 6:30p: Bingo (B)</p>	<p>10:30a: Chair Yoga (ES) 18 11:00a: Brain Fit (S1) 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:00p: The Pomastiks Senior Dance Team Performance (FT) 3:00p: Step into Balance (ES) 6:30p: Sudoku (S1)</p>	<p>9:30a: Morning Coffee Group (B) 19 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Music Therapy (ML) 3:00p: Active Chair Class (ES) 3:30p: Farewell Interns Social Hour (LC) 6:30p: Movie Night (FT)</p>	<p>9:30a: Piano by Ethan (GL) 20 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT) 7:00p: Movie Night (FT)</p>																			
<p>10:30a: Parkview Church Live Streaming (FT) 21 11:00a: Board Games (U)** 12:00p: Easter Brunch (CB) 2:00p: Coloring & Relaxation (S2) 7:00p: Movie Night (FT)</p> 	<p>10:30a: Water Aerobics (P) 22 11:00a: Bank/Post Office Outing 1:30p: Beginner's Sign Language Class (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Book Club (GL)</p>	<p>9:30a: Morning Coffee Group (B) 23 10:30a: Chair Yoga (ES) 10:45a: Musical Comedy Troupe: Variety Show (FT) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Bingo (B)</p>	<p>10:30a: Water Aerobics (P) 24 10:30a: Catholic Service (C) 1:00p: Bridge Club (S1)** 2:00p: Chair Yoga (ES) 3:00p: Bravo! Music Program (FT) 4:00p: Social Hour (LC) 5:30p: Family Support Group Meeting (S1)</p>	<p>10:30a: Chair Yoga (ES) 25 12:00p: Fitness Lunch & Learn with Tim 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 2:30p: Resident Meeting (FT) 3:00p: Step into Balance (ES) 6:30p: Billiards Game (U)**</p>	<p>9:30a: Morning Coffee Group (B) 26 10:00a: Women's Bible Study (S1) 1:30p: Tai Chi (ES) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Social Hour & Birthday Party (LC) 6:30p: Movie Night (FT)</p>	<p>9:30a: Piano by Ethan (GL) 27 10:00a: Adult Coloring (S2)** 1:30p: Pedal the World (FT) 2:30p: Grand Patriots Great Courses Lecture Series: World War I: The "Great War" (FT) 6:00p: Social Hour (S1) 7:00p: Meet the Mystery Hero of The Quest (FT) •Must RSVP to attend•</p>																			
<p>10:00a: Worship Service (C) 28 10:30a: Parkview Church Live Streaming (FT) 11:00a: Board Games (U)** 1:30p: Beginner's Chair Class (ES) 2:00p: Coloring & Relaxation (S2) 3:30p: Bingo (B) 7:00p: Movie Night (FT)</p>	<p>10:30a: Water Aerobics (P) 29 1:30p: Beginner's Sign Language Class (S1) 2:00p: Water Walking (P) 3:00p: Active Chair Class (ES) 4:00p: Wine & Watercolor Painting (S1) 6:30p: Crochet & Knitting Circle (GL)</p>	<p>9:30a: Morning Coffee Group (B) 30 10:30a: Chair Yoga (ES) 1:00p: Canasta Group (S1)** 1:30p: Pedal the World (FT) 1:30p: Pet Therapy Dogs (GL) 3:00p: Step into Balance (ES) 3:30p: Bell Choir Rehearsal (FT) 6:30p: Bingo (B)</p>	<p>LEGEND:</p> <table border="0"> <tr> <td>B – Bistro</td> <td>L – Library</td> </tr> <tr> <td>BP – Backyard Patio</td> <td>LC – Legends Club</td> </tr> <tr> <td>C – Chapel</td> <td>LL – Lavender Lane</td> </tr> <tr> <td>CB – Café Bridgewater</td> <td>ML – Monarch Lane</td> </tr> <tr> <td>ES – Exercise Studio</td> <td>S – Salon/Spa</td> </tr> <tr> <td>FC – Fitness Center</td> <td>S1 – Studio 1</td> </tr> <tr> <td>FP – Front Porch</td> <td>S2 – Studio 2</td> </tr> <tr> <td>FT – Forum Theater</td> <td>P – Pool</td> </tr> <tr> <td>GL – Grand Lounge</td> <td>U – University Commons</td> </tr> </table>			B – Bistro	L – Library	BP – Backyard Patio	LC – Legends Club	C – Chapel	LL – Lavender Lane	CB – Café Bridgewater	ML – Monarch Lane	ES – Exercise Studio	S – Salon/Spa	FC – Fitness Center	S1 – Studio 1	FP – Front Porch	S2 – Studio 2	FT – Forum Theater	P – Pool	GL – Grand Lounge	U – University Commons	<h1>April 2019</h1>	
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•Activities are subject to change•