



# GRAND LIVING®

YOUR LIFE. UNIQUELY EMBRACED.

To comply with Florida Statute “No Patient Left Alone Act” the following outlines Grand Living Visitation Policy/Procedures.

The Visitation Policy is designed to promote resident, visitor, and employee safety and compliance with applicable laws and regulations. The community does not restrict visitation.

**As per Florida Statute 408.823**, the Executive Director is responsible for ensuring that staff adhere to the policies and procedures.

## **The general outline of the program is as follows:**

- » All individuals who enter the building will be screened for symptoms prior to entry. This includes employees, vendors, third party providers, and visitors.
- » Visitors are not compelled to submit proof of any vaccination or immunization, and consensual physical contact between a resident and the visitor is allowed
- » All visitation will be permitted after meeting screening requirements
- » All Visitors are encouraged to wear a face mask at all times
- » There is no time limit for visitation
- » There is no limit on the number of visitors allowed per visit
- » Any expectations set forth in this policy will never exceed those of which apply to the employees of the community

Only Emergency Personnel are permitted entry without being screened prior to entry.

Employees, Essential Caregivers, new residents, visitors, volunteers, and vendors are permitted entry only after passing screening requirements:

## **Screening Process**

- » Ensure hand sanitizer is available to them near the screening area
- » Ask the individual to follow the prompts on the screening kiosk. The screening kiosk will also check for fever.
- » If the individual is a first-time visitor, offer them the Infection Control Training and Education Policies Business Card with the QR Code that links to the Required Visitation Infection Control Training Materials
  - » If they are unable to access the web training, offer the visitor hard copies
- » If the individual's loved one is in Transition, they are required to wear a KN-95 mask, gown, and face shield. An N95 mask may be offered upon request
- » Provide the individual with any personal protective equipment (PPE) needed prior to permitting entry
- » If their loved one is in Monitoring, the individual is required to wear a KN-95 mask
  - » If they do not have one, provide them with one prior to permitting entry
- » All visitors must immediately inform the community if they develop COVID-19 symptoms or test positive for COVID-19 within ten (10) days of their visit

In the event a visitor violates the community's policies and procedures as outlined and agreed to in the kiosk screening process, the community reserves the right to suspend in-person visitation from that specific visitor.



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## Essential Caregivers

A resident or their responsible party may designate anyone they choose as an Essential Caregiver. There are no limits on the number of identified Essential Caregivers per resident.

## Special Circumstances

In the event a Local, State or Federal agency might require restriction, the Essential Caregiver will be allowed in all the following circumstances, unless the resident objects:

- » End-of-life situations
- » A resident who was living with family before moving into the community is struggling with the change in environment and lack of in-person family support
- » The resident is making one or more major medical decisions
- » A resident is experiencing emotional distress
- » A resident is grieving the loss of a friend or family member who recently died
- » A resident needs cueing or encouragement to eat or drink which was previously provided by a family member or caregiver
- » A resident who used to talk and interact with others is seldom speaking

During these times, visits must be conducted in the residents' room.

## Conclusion

Visitors are an important part of our residents' lives, enriching their daily routines and helping them enjoy our home-like atmosphere. If for any reason you have questions about our Community Access & Visitor Program, please do not hesitate to contact your Executive Director.

As a reminder:

- » There are no set visiting hours; however, outside doors are locked in the evening. To gain entry after hours, visitors should ring the doorbell located at the main entrance.
- » There is also no limit to the length of a visit; and
- » There are no restrictions on the number of people allowed per visit.

We also ask visitors to respect the following rules:

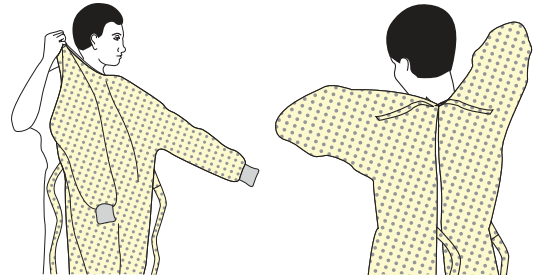
- » Please do not enter other residents' apartments unless a resident specifically invites you in; and
- » Please do not linger throughout the community or at entrances or exits without the resident you are visiting.

# SEQUENCE FOR **PUTTING ON** PERSONAL PROTECTIVE EQUIPMENT (PPE)

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

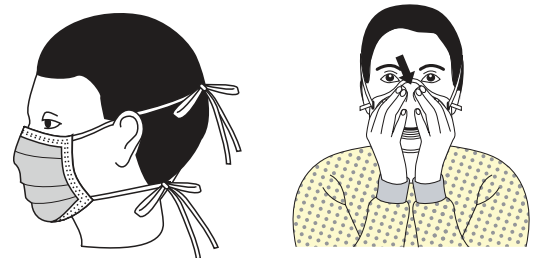
## 1. GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



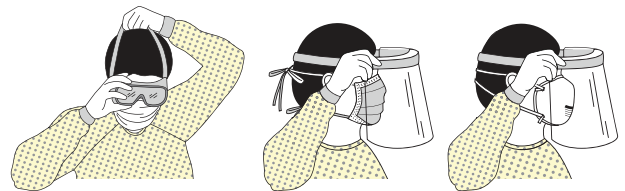
## 2. MASK OR RESPIRATOR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



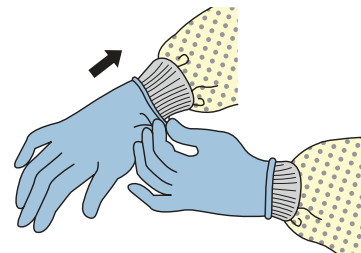
## 3. GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit



## 4. GLOVES

- Extend to cover wrist of isolation gown



## USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene



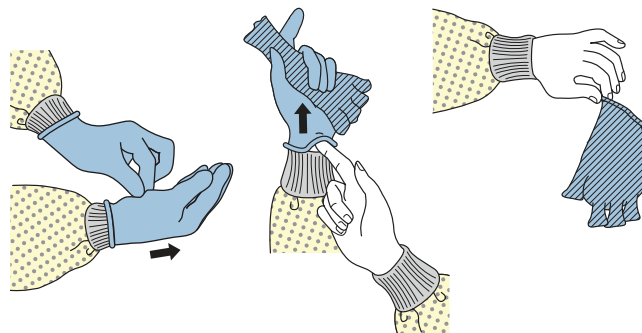
# HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)

## EXAMPLE 1

There are a variety of ways to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. Here is one example. **Remove all PPE before exiting the patient room** except a respirator, if worn. Remove the respirator **after** leaving the patient room and closing the door. Remove PPE in the following sequence:

### 1. GLOVES

- Outside of gloves are contaminated!
- If your hands get contaminated during glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container



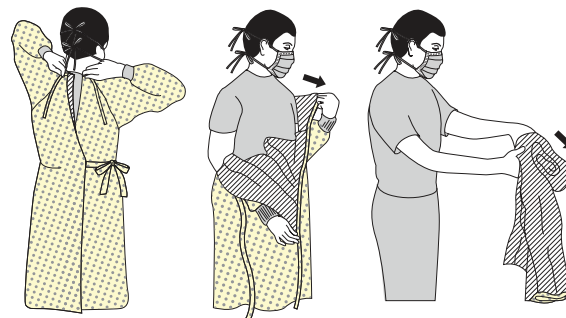
### 2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield are contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band or ear pieces
- If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container



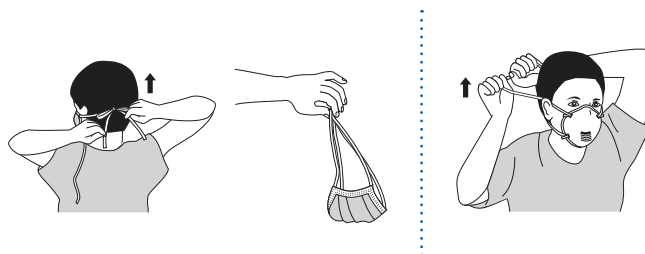
### 3. GOWN

- Gown front and sleeves are contaminated!
- If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in a waste container

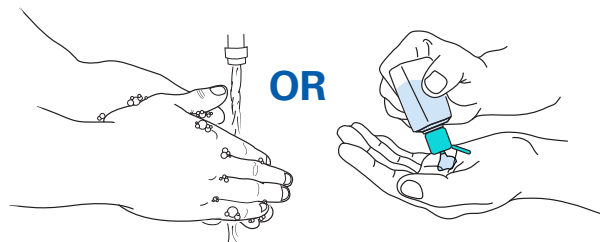


### 4. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Discard in a waste container



### 5. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE



**PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE**



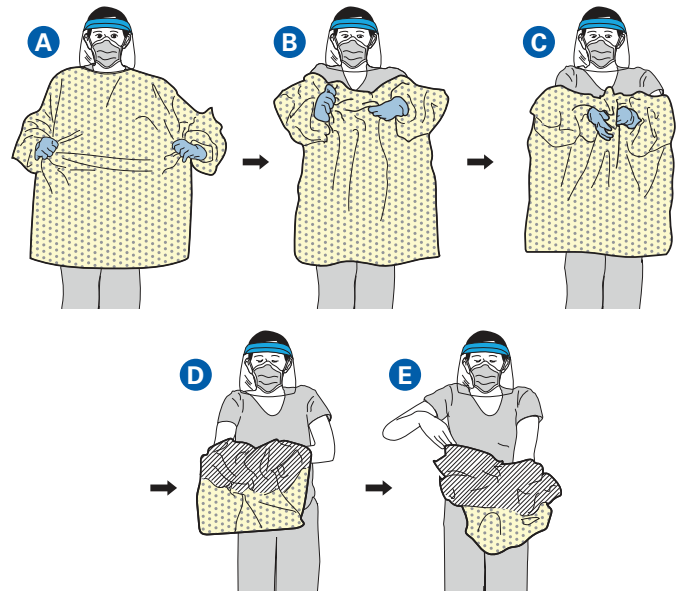
# HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)

## EXAMPLE 2

Here is another way to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. **Remove all PPE before exiting the patient room** except a respirator, if worn. Remove the respirator **after** leaving the patient room and closing the door. Remove PPE in the following sequence:

### 1. GOWN AND GLOVES

- Gown front and sleeves and the outside of gloves are contaminated!
- If your hands get contaminated during gown or glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands
- While removing the gown, fold or roll the gown inside-out into a bundle
- As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands. Place the gown and gloves into a waste container



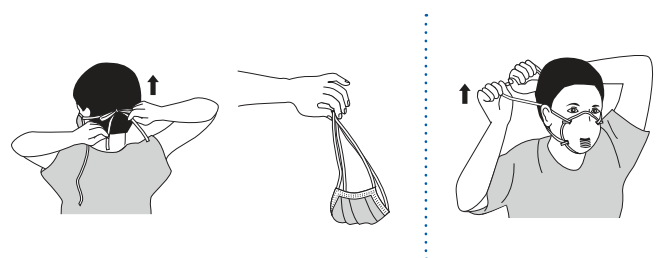
### 2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield are contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band and without touching the front of the goggles or face shield
- If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container

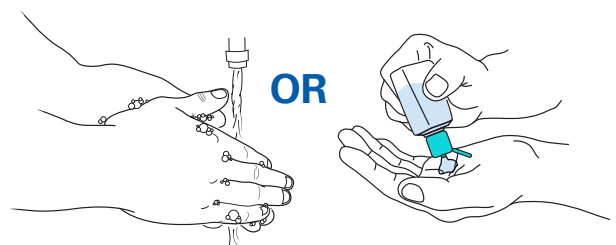


### 3. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Discard in a waste container



### 4. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE



**PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE**



# Handwashing and Hand Sanitizer Use at Home, at Play, and Out and About



Germes are everywhere! They can get onto hands and items we touch during daily activities and make you sick. Cleaning hands at key times with soap and water or hand sanitizer is one of the most important steps you can take to avoid getting sick and spreading germs to those around you.

There are important differences between washing hands with soap and water and cleaning them with hand sanitizer. For example, alcohol-based hand sanitizers don't kill ALL types of germs, such as a stomach bug called norovirus, some parasites, and *Clostridium difficile*, which causes severe diarrhea. Hand sanitizers also may not remove harmful chemicals, such as pesticides and heavy metals like lead. Handwashing reduces the amounts of all types of germs, pesticides, and metals on hands. Knowing when to clean your hands and which method to use will give you the best chance of preventing sickness.

## When should I use?

### Soap and Water

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick
- Before and after treating a cut or wound
- After using the bathroom, changing diapers, or cleaning up a child who has used the bathroom
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal food or treats, animal cages, or animal waste
- After touching garbage
- If your hands are visibly dirty or greasy

### Alcohol-Based Hand Sanitizer

- Before and after visiting a friend or a loved one in a hospital or nursing home, unless the person is sick with *Clostridium difficile* (if so, use soap and water to wash hands).
- If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol, and wash with soap and water as soon as you can.

\* Do **NOT** use hand sanitizer if your hands are visibly dirty or greasy: for example, after gardening, playing outdoors, or after fishing or camping (unless a handwashing station is not available). Wash your hands with soap and water instead.



## How should I use?

### Soap and Water

- **Wet** your hands with clean running water (warm or cold) and apply soap.
- **Lather** your hands by rubbing them together with the soap.
- **Scrub** all surfaces of your hands, including the palms, backs, fingers, between your fingers, and under your nails. Keep scrubbing for 20 seconds. Need a timer? Hum the “Happy Birthday” song twice.
- **Rinse** your hands under clean, running water.
- **Dry** your hands using a clean towel or air dry them.

### Alcohol-Based Hand Sanitizer

Use an alcohol-based hand sanitizer that contains at least 60% alcohol. Supervise young children when they use hand sanitizer to prevent swallowing alcohol, especially in schools and childcare facilities.

- **Apply.** Put enough product on hands to cover all surfaces.
- **Rub** hands together, until hands feel dry. This should take around 20 seconds.

**Note:** Do not rinse or wipe off the hand sanitizer before it's dry; it may not work as well against germs.



For more information, visit the CDC handwashing website, [www.cdc.gov/handwashing](http://www.cdc.gov/handwashing).

# STOP the SPREAD!

COVID 19

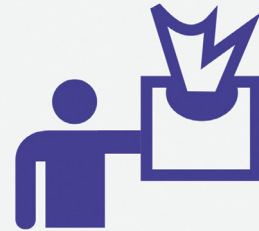
## Top 8 Ways to Stay Healthy and Stop the Spread.



Wash your hands regularly  
for at least 20 seconds



Cover your mouth when  
coughing or sneezing



Use tissues and dispose  
immediately after use



Avoid touching  
your face

Get Your  
COVID-19 Vaccine



Stay in  
your apartment  
when sick



All are encouraged to  
wear a mask at all times



Sanitize hands after touching  
high contact surfaces