

## PRESS RELEASE

### Contact Information:

**Grand Living**

**Edith Roysdon**

**904-870-7992**

[eroysdon@grandliving.com](mailto:eroysdon@grandliving.com)



## FOR IMMEDIATE RELEASE

### **10th Annual Grand Living Park at Lake Mary Fun Run & Walk Set for April 5, 2025, Benefiting the ADRC**

**Lake Mary, FL**– Grand Living Park at Lake Mary proudly announces the 10th Annual Fun Run & Walk, scheduled for Saturday, April 5, 2025, at 7:30 AM. This highly anticipated community event will take place at the scenic Grand Living Park at Lake Mary, welcoming participants of all ages and fitness levels to run, walk, and celebrate health and wellness while supporting a worthy cause.

This year's Fun Run & Walk will once again benefit the Alzheimer's & Dementia Resource Center (ADRC), a nonprofit organization dedicated to providing support, education, and resources to individuals and families affected by Alzheimer's disease and dementia. All proceeds from the event will go directly toward funding ADRC's essential programs and services.

"We are honored to host this milestone 10th annual Fun Run & Walk," said Rachael Guernsey, Executive Director of Grand Living at Lake Mary. "This event not only brings our community together for a morning of fun and fitness, but it also allows us to make a meaningful impact in the lives of those affected by Alzheimer's and dementia through our partnership with ADRC."

Participants can register online or sign up on the day of the event. The event will feature a 5K Fun Run, a leisurely walk option, refreshments, live entertainment, and a special recognition ceremony for top finishers.

Grand Living at Lake Mary invites residents, families, and community members to join in making this event a success. Whether running, walking, or cheering from the sidelines, every step taken will contribute to raising awareness and support for ADRC's mission.

For more information, registration details, or to donate, please visit [www.grandliving5kfunrun.com](http://www.grandliving5kfunrun.com)

**ABOUT GRAND LIVING:**

Grand Living, headquartered in Minneapolis, MN, is a leading provider of exceptional senior living communities, with independent living, assisted living and memory care service. Grand Living® created THE STERLING TOUCH® signature service in concert with luxury resort brands and it defines the way all staff serves residents. With a focus on offering luxurious accommodations, comprehensive care services, and an engaging all-inclusive resort lifestyle, Grand Living creates vibrant communities where residents can thrive and enjoy FIRST CLASS HAPPINESS®. With a team of more than 1,100 dedicated people, Grand Living is committed to delivering unparalleled experiences and elevating the standards of senior living. To learn more, visit [www.grandliving.com](http://www.grandliving.com).

**About ADRC:**

The Alzheimer's & Dementia Resource Center is a nonprofit organization dedicated to empowering caregivers and individuals living with dementia through education, support groups, and advocacy. ADRC has been a trusted community resource for providing critical services to families navigating the challenges of Alzheimer's disease.

###