

10 Heartfelt Requests from Someone Living with Dementia



Please be patient with me.

Remember, I have a disease for which I have no control.



Talk to ME.

Even though I cannot always answer you, I can hear your voice and still understand your words.



Be kind to me.

Each day of my life is now a struggle. Your kindness may be the most special event of my day.



Treat me with dignity & respect.

As I would have gladly treated you.



Consider my feelings.

For they are still very much alive within me.



Remember my past.

I was once a healthy, vibrant person full of life, love, and laughter with abilities and intelligence.



Remember my present feelings.

I miss my family and my home very much.



Remember my future.

Though it may seem bleak to you, I am always filled with hope for the next moment.



Remember your presence.

It may do more for me than any activity or task.



I still like hugs & handshakes.

I am still the person you know and love.